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How Supreme Court Justices are selected?

The President nominates someone for a vacancy on the Court and the Senate votes to confirm the nominee, which requires a simple majority. In this way, both the Executive and Legislative Branches of the federal government have a voice in the composition of the Supreme Court.

Are there qualifications to be a Justice? Do you have to be a lawyer or attend law school to be a Supreme Court Justice?

The Constitution does not specify qualifications for Justices such as age, education, profession, or native-born citizenship. A Justice does not have to be a lawyer or a law school graduate, but all Justices have been trained in the law. Many of the 18th and 19th century Justices studied law under a mentor because there were few law schools in the country.

The last Justice to be appointed who did not attend any law school was James F. Byrnes (1941-1942). He did not graduate from high school and taught himself law, passing the bar at the age of 23.

Robert H. Jackson (1941-1954). While Jackson did not attend an undergraduate college, he did study law at Albany Law School in New York. At the time of his graduation, Jackson was only twenty years old and one of the requirements for a law degree was that students must be twenty-one years old. Thus rather than a law degree, Jackson was awarded with a "diploma of graduation." Twenty-nine years later, Albany Law School belatedly presented Jackson with a law degree noting his original graduating class of 1912.

How is the Chief Justice selected? Does the most senior Associate Justice become

Chief Justice? Like the Associate Justices, the Chief Justice is appointed by the President and confirmed by the Senate. There is no requirement that the Chief Justice serve as an Associate Justice, but 5 of the 17 Chief Justices have served on the Court as Associate Justices prior to becoming Chief Justice.

Three were members of the Court when they were elevated to Chief Justice:

- Edward Douglas White (Associate Justice 1894-1910, Chief Justice 1910-1921)
- Harlan Fiske Stone (Associate Justice 1925-1941, Chief Justice 1941-1946)
- William H. Rehnquist (Associate Justice 1972-1986, Chief Justice 1986-2005)

Two had a break in service between their periods of service:

- John Rutledge (Associate Justice 1789-1791, Chief Justice 1795)
- Charles Evans Hughes (Associate Justice 1910-1916, Chief Justice 1930-1941)

How long is the term of a Supreme Court Justice?

The Constitution states that Justices "shall hold their Offices during good Behavior."

This means that the Justices hold office as long as they choose and can only be removed from office by impeachment

Has a Justice ever been impeached?

The only Justice to be impeached was Associate Justice Samuel Chase in 1805.

The House of Representatives passed Articles of Impeachment against him; however, he was acquitted by the Senate.

You're Being Unfair! I'm Being Unfair?

Tom, In my call to you asking that the Lady Lake Magazine be more balanced to represent a cross-section of readers' opinions other than those choosing to vote for President Trump, here is my reply.

Please consider when accepting Letters to the Editor that they be less a preponderance of right and ultra-right thinking. The recent issue became a near total campaign for voting only one way. The Vote for Trump urged throughout precludes any effort to be unbiased, or to serve readers who differ from that urging...there are many.

When I inquired of your mission as a publication you said "to serve the community". As a member of that community, the bad spelling, unsubstantiated claims and statements in many letters invalidated reasons to read further issues. Printing slanted and missing

resources is unfairly disrespectful to the many in the community you say you serve. If opinions want to be taken seriously, the Lady Lake Magazine should request that the language reflect thoughtful and fair communication.

D. P. The Villages
Publishers Reply

First I serve the Community by printing people's opinions, unchanged in their own word's. I don't sort through the letters and pick out what I want to run I pretty much run all of them and the republicans in the Villages are just more active, not of my choosing but of their choosing.

I invite you and your friends to write letters to the editor any time you and they want, easy on the name calling and the language. Write them to this email address tloury@att.net

How Do You Create a Socialist State?

By TomL

I have researched this subject several times and it keep's coming back to the same answers. There are less than ten rules you have to follow to create a Socialist Country. You tell me if some of this sounds familiar!

First you have to do these things...

- Healthcare - Control total healthcare (Obama Care or affordable Care Act)
- Poverty - Increase the poverty level as high as possible (Shutting down businesses)
- Debt - Increase the debt to an unsustainable level (Asking for Stimulus Money)
- Gun Control - Remove the ability to defend themselves from the

Government (Gun Control)

- Welfare - Take control of every aspect, food, housing, income (The less jobs the more control)
 - Education - Take control of what people read (Re-Educate the young to the good of Socialism)
 - Religion - Remove the belief in God (Make people believe in Government not God!)
 - Class Warfare - Divide the people into the wealthy and the poor, eliminate the middle class (the working class is taken advantage of in their job, they will pay taxes and will not own anything.
- Results Socialism then Communism. **TOTAL CONTROL!**



AS I SEE IT

(Apparently some readers can't find our email at the end of the column, so here is it at the beginning AsISeeItTP@GMail.com)

I noticed a recent report about a 'Pit-Bull' which killed a neighbors pet.

Of course everyone blames the dog! Labeling them "dangerous and bad-tempered."

One so-called 'dog-lover' even said 'any dog will misbehave sometimes'.

As I see it, the many 'Animal Shelters' in our area should require potential 'dog-owners' to attend a class on "Good Owners & Good Dogs".

What I see are 'uneducated' buyers trying to 'control' their new dogs 'bad behavior'. Mostly by yelling!

I asked one such 'well-meaning' owner, "Do you think that your new, 'vicious' dog is smarter than your well-behaved, polite grandchildren?"

His response was not 'polite' at all!

What is not understood, is that a dogs 'behavior' is not 'bad' to the dog!

Even in your home your dog might bark, jump, nip, whine or chew on your furniture,

When you go out for a nice walk with your new friend, it pulls you down the street or chases anything which moves.

If you would listen, your dog is telling you that it is 'just having fun' &/or relieving a bit of stress in its new, unfamiliar home.

By-the-way, 'Dog Breeds' are irrelevant – regardless of what you might read.

Also, 'age' does matter either!

As I told my grumpy friend, you might be more forgiving of the 'mis-behavior' of a 2 year-old child than, perhaps, a 10 year old! Why not your dog?

In my experience, if you are thinking of 'training' or 'correcting' your dog, then you are 'behind-the-eight-ball' already!

For example, barking at the door bell or at visitor is not 'bad'.

Growling if you take away the food bowl is not 'bad'.

Like starting a new job, your dog doesn't know the 'rules' or the 'routine'! That causes stress, anxiety and, perhaps, what you see as 'bad behavior'.

Would you shout at a new colleague, or would you politely 'educate' them with "This is how it's done here, and, this is why!"

Getting angry, upset or raising your voice, teaches no-one anything.

Except, perhaps that it's time to get excited; which is exactly what you don't

want with your dog (or your colleague).

The question was asked "How should I introduce a new dog to its new home?"

My question was "How long did it take you to learn to drive a car?"

Fact is, if you didn't 'talk' to your new dog the second you met it, you've already failed the test!

For example, if your new neighbor comes over to say 'Hi!', do you excitedly jump up and down, give then a full body hug, ruffle their hair! – (you get my point!).

More likely, you are inviting and pleasant, but you probably 'direct-the-traffic'! "Lets sit here"; "Lets go out to the lanai". "Want a beer?"

You (subtly) make it clear that, "This is my house. Here's what we're going to do!"

It's that simple! Your dog also needs to know that it is to look to you for 'guidance' and that you are 'In Charge'.

Some label that role as the 'Authority Figure'.

You have to be patient, firm and determined from 'Day-One' (or sooner).

My new friend said, "I am going over to the pound tomorrow to look at a few dogs; so what's the plan?"

As I See It, those dogs are probably caged. As such, that is their 'domain', which they might protect. Marching right up to them is a direct challenge, so you're in trouble already!

Don't let a 'handler' put the dog on a leash and bring it out to you!

Best to get a chair, move up to the cage door, put the back of your hand up to the wire and leave it there until the dog loses interest (stops snarling and barking) and go lay down. At least now they are not afraid of you. But this is where patience is a problem – the process can take quite-a-while!

Then, stay seated but turn away, and have the 'handler' go in walk the dog out (slack leash and muzzled).

It's essential that no-one looks at the dog and no-one speaks or moves.

If this is the dog for you, it will come to you, its new friend, slowly and quietly for a 'sniff'. Only then do you look (slowly) at the dog and rest your hand on your knee.

You are asking "Do you like me?"

If you get this far, you've made a good start, but you're only on the first tee . . .

'til next time



Pictured left, center Joe Martone 96.3 Radio, center John Melin Forest Chapter President and right Ray Thomas the Marking Director for ABATE of Florida

MOTORCYCLE SAFETY AND AWARENESS

ABATE of Florida, Inc. is a state-wide non-profit organization of motorcycle enthusiasts from all walks of life. We promote motorcycle safety awareness, encourage continuing rider training and political awareness. We fund our work through motorcycle related activities. We are your neighbors and friends, who work, pay taxes, serve our country and vote. We believe in freedom. We use all legal means to protect our rights without infringing on the rights of others.

ABATE of Florida, Inc. acknowledges the

growth of motorcyclist of all ages riding in the State of Florida whether it is for economic reasons or pleasure. We are dedicated to teach our Motorcycle Safety Awareness Program in our efforts to reduce injuries and fatalities in our beautiful State of Florida. Our program is a 45-minute presentation including two videos to help everyone driving on Florida's roads become more aware of motorcyclists. Sharing the road with respect and knowledge is just one of many focuses we have pertaining to Motorcycle Safety.

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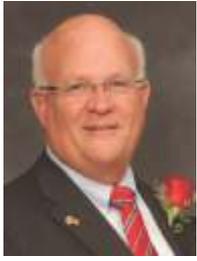


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DENNIS K. BAXLEY



Dear Friends,
As this is being written, Election Day is almost upon us and by the time this reaches you, Americans will have either re-elected Donald J. Trump or they will have chosen the Biden/Harris ticket. Readers know by now that my fervent prayer is that we re-elect our President, and overwhelmingly so, but more importantly, our prayer is for God's will to

be done in all things. While we are confident that President Trump will be victorious, there is no magical crystal ball that can show what the future may hold.

What we do know is this; America's foundation is still stronger than ever. The vision that our forefathers outlined in our founding documents have stood the test of time and outlived many Presidents, some who were very good, and others who were near disasters. One man will not tear the



freedoms and liberties that are stated in our constitution apart. So many of our nation's heroes have fought and died for these God-given rights and they will not be last. The price of freedom is eternal vigilance and our country still has many patriots that are willing to take that stand. If President Trump is re-elected, our job just got a whole lot easier, but only for a few short years.

The outcome of this election will not change the truths in our core principles. Truth persists and we should be grateful and press on with the battle. Faith, family, freedom, opportunity and life itself are worth fighting for, and we will not quit.

"It is not the critic who counts; not the man who points out how the strong man

stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat." – Theodore Roosevelt

Onward & Upward,
Senator Dennis Baxley



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Family Caregivers Of Veterans



Family Caregivers Of Veterans Eligible For Free Professional Help

(NAPSI)—The Elizabeth Dole Foundation and U.S. Department of Veterans Affairs have launched an emergency respite care fund for the family caregivers of wounded, ill, and injured veterans. The program, Respite Relief for Military and Veteran Caregivers, will provide non-medical, no-cost, professional home care to veteran caregivers who are struggling during the COVID-19 pandemic. CareLinx, a nationwide professional home care network, helped launch the fund with a donation of \$1 million worth of services. Wounded Warrior Project then contributed an additional \$1 million to expand the program. The Foundation expects to provide 75,000 hours of care to more than 3,000 veteran caregivers.

"The lack of affordable, convenient, professional respite care has always taken a significant toll on the emotional and physical well-being of veteran caregivers," said Steve Schwab, CEO of the Elizabeth Dole Foundation. "Now, due to the increased health risks and limitations created by the pandemic, we are seeing a spike in the need for short-term relief."

Even as states re-open, some of the most critically wounded or ill veterans and their caregivers will have a long journey back to the pre-pandemic world. These veterans often have vulnerable immune systems that require their caregivers to take every precaution against exposure. By asking family and friends to keep their distance, they are losing a vital source of daily support.

"We are grateful to CareLinx and Wounded Warrior Project for helping us respond to this urgent need," Schwab continued. "We hope other organizations also step up, so we can ensure every veteran caregiver suffering during COVID-19 receives the help they need."

The program is rolling out in select
Continued page 12

Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders, Co-Founder and President of Select Business Associates, Past President of the Lady Lake Chamber.

PUBLISHER'S NOTES



Art Meadows

I was floored to hear my friend of many years passed away. I knew he was sick but not that sick. The President of the Ocala Business Leaders made the announcement and we each took time to remember him. Many

members spoke in remembering him. He was known for his practical jokes. I am sorry that I could not get a proper Obit for him, it just was available. One of my number one remembrances was twenty some odd years ago he invited me to the Ocala Business Leaders meeting. They had just renamed the club, Dave Liner was the founder, Art Meadows was a cherished member. I sat at the same table with him for many years. I will miss him!

The worst wildfire season in California's history blanketed Silicon Valley in a fog of

smoke, burnt timber and destroyed homes. There is no Forest management program in California to prevent these fires. In Florida we have controlled burns to burn the under brush, so that there is nothing on the ground to flare up and go out of control. Now California want the United States Tax payers to bail them out for their mismanagement. Trump says NO! They have been warned time after time that it was a ticking time bomb. Now it has happened.

According to the masterminds at Facebook, Twitter & Google, we should not be watching and listening to doctors who actually meet and treat patients. No, we should listen to the heads of huge bureaucracies who have not treated a patient in decades.

I understand that one of the doctors in one video has hired the same attorney who is representing Nicholas Sandman, the teenager who was slandered by the media. This could get interesting.

Facebook and twitter has the power to change peoples lives and don't have to answer for any of it. When the Hunter Biden email were uncovered by a computer repair shop, they hit the Facebook / Twitter platforms and were immediately froze. They could not be accessed. Apparently the emails show it goes deeper than just Hunter. Nevertheless the whole thing looks very suspicious to me. Family members should not be aloud to profit from our Government Officials.

If you have been a reader of this newspaper you might remember for years I have been predicting a third party would rise and be as strong as the two we have now. Well, Burnie Sanders was well on his way to a third party, but he decide to try to take over the Democratic Party and he almost did. Sanders figured with a third Party it would be splitting the vote and Trump would win. So they made some kind of deal, nobody knows what it is but I'm sure, if they win we will feel it.

Now is the time for us retirees to look at our Health Insurance. There are some changes as I have heard. Have not heard them yet, right now I am with Humana, not sure what I am going to do. My agent is running an ad in this newspaper on page three.

I listened to this hearing on Judge Amy Coney Barrett. I was disgusted when Senator Sheldon made accusations about big money involvement in the Supreme Court Justices. Senator Ted Cruz of Texas took it to him and said you should make accusations about big money. Out of the top twenty wealthiest people in the United States sixteen had donated almost a Billion dollars to the Democrats.

I got a phone call from a Lady in the Villages. She did not like my story with the headline that said VOTE TRUMP! She attack my spelling, my Punctuation's, my use of words or misuse of words and did not like the fact that I gave a one sided view. I said you sound like a democrat? She

admitted she was. I said if you don't like my views send me your views and I'll run them right next to mine. I said my job is to serve the Community by giving them the right to see their opinion in print. I ran her opinion!

To end this months column, I would like to say that I am very nervous about this election. I can't see the support that the media keeps reporting, that Joe Biden is ahead and might win the election. The other thing that makes me nervous is all of these mail in ballots floating around. That would be and could be an illegal way to win an election. Also hear in Florida right now I know several people telling me they have gotten mail in ballots for dead people who used to live in their address. The proper way to take care of that in Marion County Florida is to call the Supervisor of elections and they can give you an address to return the Ballot to in Jacksonville. The Ballots had shown up several times and have not been able to stop them.

Save Money On Shipping



(NAPSI)—Your company can get money from a surprising source: the Post Office.

That's because the U.S. Postal Service now has a program that gives credits to registered businesses that use Click-N-Ship® services. As of August 1, 2020, businesses can earn these credits when they buy Priority Mail® and Priority Mail Express® products. The credits can then be used toward future purchases of the products, using Click-N-Ship.

Registered business users of Click-N-Ship services will be automatically enrolled and automatically accrue the credits. Companies that are already registered get a \$40 credit for every \$500 spent on Priority Mail and Priority Mail Express products using Click-N-Ship.

New Click-N-Ship users earn an

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Newspaper Deadlines
Editorial & Ad Copy for December
Seniors Voice & Ocala DownTown
12am, November 18th
Lady Lake Magazine & Village Spectator
12am, November 25th

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Naturally Boost Your Immunity

(NAPSI)—As greater importance is placed on building strong immune systems these days, nutrients such as vitamin C are gaining in popularity. According to the Office of Dietary Supplements, fruits and vegetables are the best source of vitamin C. Getting your vitamin C from food helps the body absorb the vitamin better and minimizes any risk of toxicity.

A serving of 8 large strawberries has a full day's worth of vitamin C, about the same as a large navel orange.

Strawberries' vitamin C may work in synergy with their fiber, flavonoids and other compounds to promote health beyond the immune system. In June 2020, six different universities presented research on the potential health benefits of strawberries

at a top nutrition conference.

Some of the findings included strawberries' potential to lower cholesterol, fasting blood glucose, insulin resistance, and Alzheimer's dementia risk. Changes to the gut microbiome were also found after people ate strawberries, which may have positive effects on intestine, colon and heart health.

Recent surveys showed that people associated these heart-shaped berries with feelings of joy and memories of summer, yet



strawberries can be enjoyed throughout the year. Fresh California strawberries are hand-picked year-round and frozen strawberries can be found in most grocers' freezers winter, spring, summer, and fall.

Frozen Strawberries Just as Nutritious as Fresh

Frozen strawberries provide the same nutritional benefits as the fresh ones. They're harvested at their peak nutrition and frozen immediately. Science shows no significant differences in vitamins, minerals, fiber or antioxidants between fresh and frozen strawberries. People can feel good about having affordable, nutritious frozen strawberries with a longer shelf-life all year long.

When peak season ends, freezing strawberries can be a great option. It's easy to do. Simply rinse strawberries under cool, running water and gently pat dry. After removing the stems, place strawberries on a

Continued page 12



Lady Lake Magazines & Village Spectator Newspaper Pickup Points

- ì Bobs Coin & Jewelry - 17860 Ave, Suite 629, Summerfield
- ì Baseline Tire Service - 10950 SE 441, Belleview
- ì Flag & Flag Poles - 211 S 441, Lady Lake
- ì Lady Lake Discount Beverage - 207 S 441, Lady Lake
- ì Lady Lake Chamber Downtown - 441 S, Lady Lake
- ì City Hall 441 - N Lady Lake
- ì Legion Hall 466, Lady Lake
- ì Recreation Plantation - 466 Lady Lake
- ì Plus thousands of home deliveries

Saint Leo University Poll Examines Trust in Police Officers, Departments

Trust and Confidence in...	2015 - %	2016 - %	2017 - %	2018 - %	2020 - %
Trust in police officers	54.7	60.5	56.5	52.4	59.6
Trust in police departments	53.1	59.6	55.5	50.8	51.9
Trust in the judicial system including courts, prosecutors, and judges	40.3	45.1	48.6	44.5	51.7
Trust in juries to do the right thing	46.1	47.2	45.4	49.8	

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November is the Season of Giving Thanks and Seat Belt Safety

November is military family appreciation month. During this month, families with members of the military, past and present, are honored and recognized for their commitment and contributions in support of our military and nation. November 11th is Veteran's Day. Thank a member of the military for serving this country. It is important for them to hear your appreciation, but most of all, it's respectful.

With the holiday season upon us, we should be thankful for the time that we have to spend with our family and friends. There are families that are separated because a member is away serving our country in the military or worse, they have sacrificed their life for our country. In reality, freedom is not free. It is important to reflect that these families have a difficult time coping with their situation. We should be thankful for those who make sacrifices and also for our families, friends, and the opportunities we have in this country.

November 26th is Thanksgiving Day. It began as a day of giving thanks for the blessing of the harvest of the past year. It is important to spend time with family and

friends. Remember that there are families that are missing members because of their sacrifice both here and abroad.

This also means the start of the annual kick off of holiday shopping. The members of the Lady Lake Police Department would like to remind you to be patient and safe out there when traveling on the roadways. There is increased traffic and traffic will move slower, especially in parking lots. The week of November 9th to November 29th is the National Seat Belt Enforcement Mobilization campaign. This is part of the Law Enforcement "Click it or Ticket" safety message. This is a reminder to please wear your seat belt and ensure your passengers are buckled up as well. Children and babies should be in proper child restraints such as a rear-facing infant carriers, a forward-facing car seat or a booster seat. For further information please refer to NHTSA <https://www.nhtsa.gov/equipment/car-seats-and-boosters#car-seat-types>.

You are also reminded to please safeguard your property. Always lock your car and close the windows, even if you're only gone a few moments. When possible, lock all merchandise or packages in the trunk of your car. Load your packages before departing, not at the next destination. Though there will be members of the Lady Lake Police Department on specialized patrol details during this holiday season, you must stay vigilant to avoid becoming a victim because, there are those who are looking to take advantage of opportunities watching what

you are doing.

The men and women of the Lady Lake Police Department would like to wish you a safe and healthy holiday season.

Comfort For Your Family



(NAPSI)— Here's a look at something you may not like to think about—but could still be good to know:

a funeral concierge can help you navigate planning a funeral and negotiating related expenses. Funeral concierge services are available from Everest Funeral Package, LLC.

How It Works

Expert Everest consultants compare and negotiate best prices to save money, personalize the funeral plan, and assist in paperwork. In addition, their services include a secure online vault for copies of such vital documents as a will, medical directive, and power of attorney, saving families the time and worry of locating these documents after the passing of a loved one. Everest not only assists the family in completing paperwork it helps them coordinate with the insurance company and may even be able to get a portion of the death benefit available from the life insurance policy in as little as three days.

You can even use the service to pre-plan and be sure things happen the way you want.

The service includes 24/7 access to an expert consultant who assists with planning the funeral and negotiating funeral expenses, as well as online tools for creating a will and other estate planning documents and an online secure location to store these documents.

As an independent consumer advocate, the company is not associated with any funeral home or funeral provider and does not profit from any of the family's decisions. It provides peace of mind and confidence when making difficult financial and emotional decisions.

Transamerica and Everest

Life insurance can be an important tool to protect loved ones from financial hardship. Individuals shopping for permanent life insurance should know that Transamerica offers a funeral concierge rider. Transamerica, a major finance and insurance company, has collaborated with Everest Funeral Package, LLC to add a unique feature to certain qualifying life insurance products. Consumers should contact a licensed life insurance agent and determine whether a life insurance policy best suits their financial plan. Permanent life insurance is a life-long financial commitment and is not appropriate for everyone.

"Everest exists to advocate for families, be their champion, and offer support during one of life's most challenging times," said Mark Duffey, President and CEO of Everest Funeral Concierge. "We're proud to collaborate with Transamerica as they continue to find ways to put families first. Our relationship is a natural fit. Both Everest

Continued page 9

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(NAPSI)—When times are tough, it feels good to do what you can, and maybe spread a little added joy with the proceeds. For example, putting extra money in your pockets, while protecting the planet for generations to come.

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If you find your utility bills are getting you down, particularly if your family is one of many spending more time at home, ENERGY STAR can help. The typical household spends about \$2,000 a year on energy bills. With ENERGY STAR, you can save 30% and reduce your carbon footprint. Whether you are looking to make small changes or take on a big project, make your energy choices count by looking for the ENERGY STAR label.

Ways to Save

October 27th is ENERGY STAR Day, a day to celebrate the environmental and financial benefits of energy savings, particularly for those who need it the most. There are many ways to save on ENERGY STAR Day and every day. Consider installing a smart thermostat or take on a bigger project like replacing your water heater. With certified, efficient options in so many categories, there is an entry point for everyone and rebates and other ways to save offered by ENERGY STAR partners. Looking for the trusted blue label to save energy today will help your family to do the things that bring joy for years to come.

Visit www.energystar.gov/saveforgood for all the ways you can start saving.



Lady Lake Chamber has the Farmers Market every Tuesday. Pictured are Garden Fresh Vegetables “Fruits of the Villas” by Leo, also “Kera G. Jewelry” Quality Hand made jewelry by Kylee Craine and “La Petite Ferme, llc” Farm fresh Goats Milk, soaps & natural skin care





Business to Business Expo Lady Lake Area Chamber's yearly event that is usually held in June. Business to Business was held at Water Oak located at 106 Evergreen, Lady Lake. Executive Director Leslie DiCesare along with Janet Fraley made this event their best

one yet. All participants were given 2 - 3 minutes on stage to share information about their business. Breaks were given throughout the event to let everyone visit the booths.



Karen Mercer from Zoom Drain



Latisha Anderson of L.L. Anderson Coaching



Susie Socier of Paramount Urgent Care



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ONE PERSON'S OPINION

LETTERS TO THE EDITOR

Dear Editor:

Obamacare is healthcare, or is it?

Because Someone says it is does not make it so. People can say anything, you do not have to believe it.

I see people sitting in grocery stores, drug stores, different sorts of walk in facilities, but. Is there a doctor in sight, an MD?

Programs for free this that and another thing, but, again where is the MD?

Again, exercise of every type, but no MD?

Healthcare always translated MD, what happened to that concept?

Now, it is even heath care by phone , internet, and people eat it up.

No matter what they tell some people, they buy it hook line and sinker.

Canadian, and Scandinavian health care, are touted as examples of universal healthcare, except when they have serious issues, they flock to the United States for the

serious medical care.

The serious stuff is what is missing from Obamacare. Want no part of it. Fortunate I have been able to hang onto my coverage, at a steep price, but soon I may be priced out of that. The price goes up every year, and thus far, I have had little need to use it. It is called insurance, thus, I must keep it, for when I do begin to fall apart.

In addition I pay a monthly fee to a group of doctors who have opted out of any insurance payments. These MD's will not take even Medicare, especially Medicare. When people are unhappy they find another way to survive. This is what MD's are doing.

There is always a catch to free stuff, and one hears horror stories about what happens to patients with the free stuff coverage.

Why is it so easy to fool people? When healthcare means anything but an MD., is it healthcare? It is now.

If you give someone a bottle of aspirin, is

that healthcare?

Does OBAMACARE have clay feet? Is it truly FAUX care?

Concerned Citizen

Dear Editor:

Our founding fathers thought they gave us the best kind of government to keep corruption at bay. But since they never expressed that sentiment in just those words, and we did not get the message, guess what?

We have been remiss, and we now have the most corrupt government that has possibly existed on the face of the earth. We sit and let it happen.

The goal of humankind is and always been the hindrance of corruption, however we never seem to recognize it until it is too late. The corrupters invent new stealth means to perpetrate an updated form of corruption. They have done one spectacular number on our current government and economic system.

Our congress has no clue what becomes law as others write the laws. Now they want to vote long distance , and avoid having to

show up in Washington, and still expect to collect their paycheck. How corrupt is that?

In order to make millions or billions no product is necessary. Google and Facebook are doing it with clicks and data, your clicks and data. If you want to hunt for money for that income equity, look here.

Surveillance Capitalism, a book by Shoshanna Zuboff, lays it all out in detail, and these barons go to extreme lengths to conceal that fact. They are new crop of robber barons, only they steal clicks and data and sell it as their property. Nice setup as long as you can fool the sheep. They are the new Clicks and Data Barons. The problem is: the clicks and data barons scrupulously hide the fact that those clicks and data belong to you and me. The Robber Barons at least had a product to sell.

Not only do they use the clicks and data to make money, but for control as well, hello 1984, or Animal Farm.

The very least we can do is pay attention. Next, look for honest candidates to vote for. Acquire knowledge, it is different from education. Education is for work, knowledge is for life.

If corruption is O.K. with you sail on your merry way. If corruption is a problem for you get up and confront it. Either we confront it or corruption devours us. You have a choice.

The choice is Freedom or slavery, the only 2 choices. Pick one.

Dear Editor:

Light bulb comes on.

Sent the Stalin letter to an acquaintance, they liked it, but,

Did not take the words in a context of a reference to anything that might happen to them. That they could become a victim of a bunch of power hungry monsters. We have a tribe of them fighting tooth and nail to take over and start killing the 90 million humans they deem excess population.

They have been using abortion for years to accomplish those ends. All they did was change the word and the responsibility for the deed, from eugenics to abortion, and wallah, the deed is done. Now we have a virus, wallah, another million gone in 6 months.

What will be their next move?

Does anyone get it? Stalin, Mao. PolPot, Hitler reduxes are among us today, waiting to act. The struggle for control of this nation is step one. Watching Hong Kong and Venezuela might give us a hint to what lies ahead for us. Monsters do not improve with age, if anything they become even more diabolical. High tech affords them all manner of possibilities.

Our vote this election will determine the road we take. The Patriotic Candidate or, the diabolical monsters ready for the new killing fields.

Gates has a phosphorous patch for under your skin to keep track of you. It will know if you have not gotten the mandatory vaccine, etc. Which future do you want, your choice or their choice? They play rough. Think before you vote!

D.I.L.

Comfort *Continued from page 6*

and Transamerica are deeply committed to helping people make informed decisions today so they can worry less about tomorrow."

For further facts on the funeral planning concierge service, go to www.Everestfuneral.com.

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First Lady Casey DeSantis and Department of Children and Families Announce Nearly \$5 Million Emergency Grant for Crisis Counseling Program

On October 19, 2020, in News Releases, by Staff

Tallahassee, Fla. – Recently, the Department of Children and Families (DCF) received a nearly \$5 million emergency grant to implement a Crisis Counseling Program to help Floridians respond to the behavioral health impacts of the COVID-19 pandemic. The grant, awarded by the United States Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA), will provide crisis counseling services through Florida's network of 2-1-1 crisis helplines, assisting individuals in need of mental or behavioral health counseling and referrals.

"Governor DeSantis and I are grateful for the opportunity to increase access to critical behavioral health services," said **First Lady Casey DeSantis**. "Through this program, one-on-one counseling will be readily available to those in crisis, ensuring they have the resources and support they need to address their own specific needs, recover fully, and begin to move forward with purpose."

Under the Federal Crisis Counseling Program Service Grant, DCF was awarded \$4,994,530 to be utilized over the next nine months. This funding will expand the existing capacity of crisis counselors within twelve 2-1-1 providers, while promoting the availability of behavioral health services among vulnerable populations, including children and their caregivers, first responders and healthcare workers, and those grieving a loss. 2-1-1 providers will routinely connect individuals to resources, while conducting telephone counseling services and screening callers for indications of more long-term behavioral health needs.

"With recent increases in calls to 2-1-1 statewide, the need for behavioral health services is overwhelmingly apparent," said **DCF Secretary Chad Poppell**. "Thanks to support from Governor DeSantis, First Lady DeSantis, and our federal partners, Florida's children and families will have access to counseling and referral services they need to cope during this period of transition and recovery."

As stated under Chapter 408.918, Florida Statutes, Florida's 2-1-1 network is authorized to serve as the single point of coordination for information and referral for health and human services. Florida's Crisis Counseling Program provides counseling services in all 67 counties, including the Miccosukee tribe, through 2-1-1 providers.

DONATIONS NEEDED!

Lady Lake Animal Control is working hard to keep local animals safe. At this time they are helping a large number of cats & kittens and are in desperate need of donations of the following items:

- Fancy Feast Kitten Food (Chicken)
- KMR Kitten Milk
- Cat Litter
- Laundry Detergent

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Lady Lake Area Chamber
106 US Hwy 441/27
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HABITATLS.ORG

Restaurant Reviews



Olive Garden
3363 SW College Road
Ocala, FL 34474

An old classic for Italian. Surprisingly, there was no waiting, as we ordered our beverages, the breadsticks were at our table, I ordered Alfredo Sauce to dip our breadsticks. The delicious legendary tossed salad was at our table shortly the waitress took our order.

For our appetizer we had Toasted Ravioli yummy pan fried, bite size, beef filled, with Marinara dipping sauce. My wife ordered Lasagna, a large portion of pasta layered with mozzarella, beef, sausage, mixed in their sauce. I choose Eggplant Parmigiana with spaghetti. The eggplant was breaded, crisp, covered with a layer of mozzarella lightly toasted on the eggplant.

Needless to with the salad, appetizer and main course, we didn't have room for dessert and took home a good portion of our meals. Always a great value where for a nice meal.

M. Frank Turner

Cheddar's Scratch Kitchen
4065 SW College Road
Ocala, FL 34474

Cheddar's is a great restaurant for comfort food. My first Cheddar's experience was in Dallas, Texas, 30 years ago. The menu has been refined since the old days but the favorites like Chicken Fried Steak, Ribs, Hamburgers, Salads, Chicken, Steaks and Seafood are on the menu for everyone's diet and cravings.

My wife started with a side salad and I had their fresh Baked Potato Soup, topped with cheddar cheese and bacon. We each had a hot and flaky Croissant drizzled with honey. Of course, I had the Chicken Fried Steak with mashed potatoes and green beans. My wife had their Homemade Chicken Pot Pie with a thick, flaky and crisp top straight from the over to the table. We shared their desert creation, called the Monster Cookie, it's served in a skillet, with Ice Cream, Whip Cream, Nuts and Cherrie topper.

The service is prompt, attentive and the food is filling with nice presentation. If you're looking for a home cooked experience without having to cook or the clean up afterwards, this is the place.

M. Frank Turner

Sayulita Taqueria
10 NE 1st Street
Ocala, FL 34470
352-629-4700

Sayulita Taqueria, serves good Mexican Food and Beverages at reasonable price. We choose to eat outdoors in the back. Trees, games, swing and music. A beautiful Vintage Airstream Travel Trailer converted as the bar for cocktails.

My friends and I started with the perfect appetizer, The Tres Amigos. A large dish containing hot fresh tortillas chips with a large portion of Salsa, Queso and Guacamole, perfect with our beverages.

My friends ordered a Carnitas Tacos, on Blue Corn Tortilla and a Buffalo Chicken Taco served on a Homemade Corn Tortilla. Others ordered Chicken and Chorizo Burrito included rice, beans, queso, pineapple and salsa. Another ordered a Salad in a Fried Flour Tortilla Bowl with Steak. I had the Korean Steak Quesadilla, perfect mild spice with cheese, folded in a flour tortilla and lightly toasted, wonderful flavor. I added salsa, sour cream and guacamole. We enjoyed sitting and visiting in a backyard environment under a tree on a picnic bench table.

M. Frank Turner

Taipei Garden
2602 SW 19th Ave. Rd., #203
Ocala, FL 34471

352-873-2765

Recommend by a friend, my wife and I tried this Chinese Takeout. Located in front of WalMart's in a strip center. I'm not big on takeout food but this restaurant gives you your money's worth!

You can call ahead but we ordered at the location. Extensive menu with all the favorites, ordering by item number, as most Chinese Restaurants.

We both ordered combination meals. They suggested we order the lunch meals, since it was before 3:00pm. We chose our main course, included was fried rice, fortune cookie and choice of soup, egg roll or caned soda. The food must have weighed 3 pounds and only \$6.50ea!

Overall plenty of food, fast and made to order for those Chinese craving!
M. Frank Turner

To The Rescue

From the Creator & Star of CHEATERS, Tommy Habeeb, "To The Rescue": Saved Dogs and Their Grateful Families, Aired Weekly on Saturdays

(NAPSI)—The heartwarming stories of abandoned dogs and the grateful families who save them are documented in the half-hour weekly syndicated docu-series "To The Rescue." Airing nationwide, the series is hosted by veteran TV producer-personality Tommy Habeeb ("Cheaters," "STAG").

"Thousands of dogs are put down every year due to a lack of resources. 'To The Rescue' highlights the great work of people working every day to find these dogs a forever home," says Habeeb.

Every show will revolve around one or more former pets, now awaiting their fate at animal shelters, as they make their journey of hope. These formerly "unadoptable" canines of all breeds must fight to regain their physical and mental health. With the help of their human

guides, the dogs transform themselves into the perfect companions for their new forever families.

Habeeb will be joined each week by a variety of canine-training professionals from the world of rescue communities and veterinarians. "It takes a team to save a dog's life. So, while 'To The Rescue' is ultimately a story about dogs, it's also about all the amazing people who go to great sacrifices to rescue them," says Habeeb.

Each episode is shot in a different location with Habeeb and his crew traveling around the country to capture the best stories. In one episode, for example, viewers meet Mike Lorraine, who founded CAMO, or Canines Assisting Military Operators—a nonprofit organization in Palm Beach Gardens, Florida that rescues shelter dogs and, incredibly, trains them to be disciplined canine assistants to disabled veterans, suffering from physical injuries or PTSD. "Mike and his staff are canine professionals at the highest level but still manage to provide their trained services dogs to deserving veterans at no cost," says Habeeb.

In a career spanning more than three decades, Habeeb is best known to television audiences as the original host of the long-running syndicated series "Cheaters." However, he has produced, hosted or appeared in more than a dozen nonfiction TV shows, including "Eye for an Eye" and "Billionaires Car Club".

To see where and when the show airs, go to <https://totherescuetv.com/>

For more about Tommy Habeeb, visit: <https://tommyhabeeb.com>.

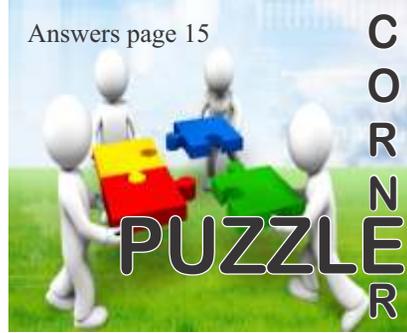


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Answers page 15

CORNER

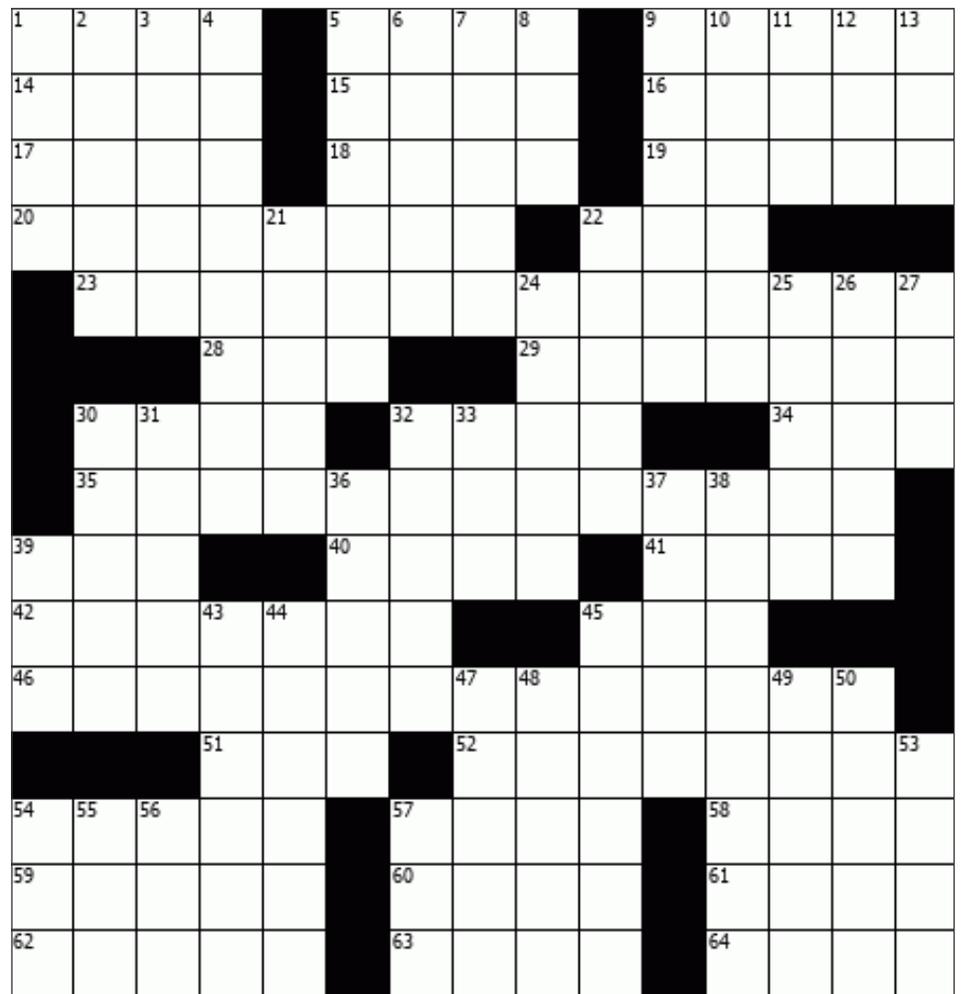
Across

- 1. Bulb unit
- 5. Simple form of payment
- 9. Goopy stuff
- 14. "___ Jury" (Spillane novel)
- 15. Canadian singer Paul
- 16. Revere
- 17. "The Lost World" creature
- 18. Word with head or hook
- 19. 1964 Elvis song
- 20. Argued
- 22. "A-Team" member
- 23. What the cow said to the calf late one night? (With "It's")
- 28. French possessive
- 29. One out of the money
- 30. Copier
- 32. "Surely, you ___!"
- 34. Biblical beast
- 35. "The Nanny" minus the "Thong Song" singer?

Down

- 1. ___ all due respect
- 2. "In that thou laid'st ___..." (Shak.)
- 3. Silent star Bara
- 4. Oil, informally
- 5. College grounds
- 6. Words after lend
- 7. Blade site
- 8. Bowler or boater
- 9. Dig fragments
- 10. Was defeated by
- 11. Squid secretion
- 12. May celebrant

- 39. Place for a pin
- 40. Bee's nephew
- 41. Wash cycle
- 42. Mesabi yield
- 45. Darker-than-beer brew
- 46. What twins from Prague are considered?
- 51. Rather good at reporting?
- 52. Division result
- 54. TV's Gomez Addams
- 57. Contented murmur
- 58. Get out of Dodge
- 59. Eng's Siamese twin
- 60. Work with bricks, perhaps
- 61. Disorders
- 62. Home with a flap door
- 63. Corrida yells
- 64. Stable youngster
- 13. Palindromist's preposition
- 21. Ship's rear
- 22. Develops compassion
- 24. Deep, musically
- 25. Baghdad native
- 26. Gardner's fictional attorney
- 27. USNA grad
- 30. Blazing
- 31. Hospital holding area, briefly
- 32. Pop star Jackson
- 33. Part to grab hold of
- 36. Clear wrap brand
- 37. Small land mass
- 38. Particular
- 39. "___ better to have loved ..."
- 43. Kim Basinger title role, 1987
- 44. Halloween color
- 45. Atlantic islands
- 47. Comparable
- 48. Batter's challenge, perhaps
- 49. Name-tag word
- 50. Fishhook fastener
- 53. Assay
- 54. Pretense
- 55. "There ___ goes ..."
- 56. Dancing shoe attachment
- 57. HMO alternative



Veterans

Continued from page 3

regions and will expand nationwide over time. Eligible caregivers can request services that include companionship, grocery shopping, cooking, mobility assistance, transportation, bathing, and other activities of daily living. AARP and Bob Woodruff Foundation have also joined as key collaborators for this effort to help spread the word to military and veteran caregivers.

To learn more and apply, visit www.hiddenheroes.org/respite.

Shipping

Continued from page 4

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For further facts on how the USPS Loyalty Program can pay off for you, visit usps.com/loyalty.

Immune

Continued from page 5

parchment-lined cookie sheet and freeze for 24 hours. Then transfer the strawberries to a plastic freezer bag. Strawberries can stay in the freezer for several months. Frozen strawberries maintain their sweetness and are versatile enough to be used in recipes

ranging from smoothies to ice cream, baked goods to breakfasts.

Here's a nutritious recipe using frozen strawberries in waffles:

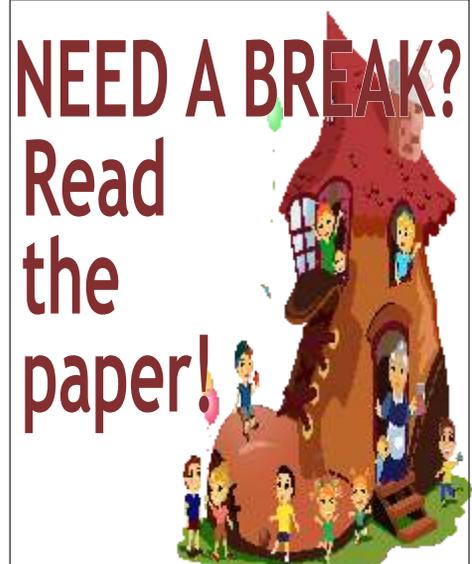
Strawberry Oat Waffles

Time: 15 minutes

Yield: 6 mini/3 regular waffles

- 1cup oat flour
- 1/2cup plant-based milk
- 3Tbsp oil
- 1egg
- 1tsp vanilla extract
- 1tsp baking powder
- 1/2cup chopped frozen California strawberries
- Cooking spray
- Optional Toppings: maple syrup, fresh California strawberries

Preheat a waffle maker. Whisk together flour, milk, oil, egg, vanilla, and baking powder until smooth. Gently fold strawberries into the mixture. Grease the waffle iron with cooking spray and pour in 1/2 cup batter. Cook until golden brown on both sides for about 2-3 minutes. Repeat until all batter is cooked.



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FROM THE DESK OF
ATTORNEY GENERAL MOODY



Attorney General Moody Advances Fight to End the National Opioid Epidemic Even as COVID-19 Pandemic Rages

TALLAHASSEE, Fla.—The COVID-19 pandemic has changed daily routines around the world, but it hasn't lessened Attorney General Ashley Moody's resolve to end the deadly opioid crisis plaguing Florida. Even as the novel coronavirus spreads, Attorney General Moody continues efforts to curb the national opioid crisis claiming lives in Florida—issuing statewide recommendations to address the opioid crisis, creating new partnerships to help Floridians struggling with substance abuse and crafting criminal justice training to assist prosecutors in shutting down the sham sober home industry.

Attorney General Ashley Moody said, "Our nation and our state face many challenges, but be assured that nothing will dampen my resolve to put an end to the national opioid crisis that continues to claim lives in our great state. Even before the COVID-19 pandemic struck Florida, we were working hard to stop opioid misuse and save lives, and as we continue to work together to stop the spread of COVID-19, please know that our fight against the deadly opioid crisis has not abated.

"There are signs that the pandemic may be contributing to an increase in opioid deaths, and that is even more reason why we cannot waiver in our fight to stop drug abuse—and why I will continue to work every day, on the local, state and national level, to end this deadly crisis affecting Florida families."

Attorney General Moody began working to stop the crisis even before taking office in 2019. Recent efforts, amid the COVID-19 pandemic, include:

As Chair of the Statewide Task Force on Opioid Abuse, Attorney General Moody and members of the team completed and issued the Task Force's report of findings and recommendations;

Continuing to enhance and update the Attorney General's statewide resource **DoseOfRealityFL.com** with information to help Floridians struggling with addiction;

Securing a new partnership with 211 to help better connect Floridians with local substance abuse treatment and counseling services; and

Creating and distributing a new virtual training tool to assist prosecutors in shutting down the sham sober home industry.

Prior to the COVID-19 pandemic, Attorney General Moody's efforts included:

Assembling a statewide **working group of experts** to identify strategies and best practices for addressing the opioid crisis;

Issuing a strategic report for combating the national opioid crisis impacting the lives of Florida families;

Personally appearing in court and advocating for expediency in the state's opioid litigation to hold responsible the nation's largest opioid distributors, manufacturers and pharmacies;

Securing a **successful ruling** denying the defendants' motions to dismiss the state's opioid litigation; and

Pushing back against the loosening of opioid prescribing guidelines by requesting that the U.S. Department of Health and Human Services **reverse a recommendation that medical providers rely on personal judgment** instead of consulting evidence-based recommendations, including opioid prescription duration and dosage.

Provisional data from the Centers for

Disease Control and Prevention include 70,980 fatal overdoses in 2019, with about 1,000 more deaths to likely be added, marking a 4.8% increase from the year before. The data indicates the U.S. last year likely eclipsed the prior record high of 70,237 overdose deaths set in 2017—and that the pandemic could exacerbate the opioid crisis.

In August, Attorney General Moody sponsored a cabinet resolution declaring Aug. 31, International Overdose Awareness Day.

Attorney General Moody Obtains Judgment Resolving Community Health Systems Data Breach Investigation

continued page 14

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Attorney General Continued from page 13

TALLAHASSEE, Fla.—Attorney General Ashley Moody, along with 27 other state attorneys general, obtained a judgment against Tennessee-based Community Health Systems, Inc., and its subsidiary, CHSPSC LLC. This judgment resolves an investigation of a data breach that impacted approximately 6.1 million patients, including more than 430,000 from the state of Florida.

At the time of the data breach, CHS owned, leased or operated 206 affiliated hospitals, including 37 located in Florida. Information exposed in the breach included the addresses, birthdates, names, phone numbers and Social Security numbers of patients. The judgment, agreed to by CHS, requires a \$5 million payment to the states and provides that CHS agrees to implement and maintain a comprehensive information security program reasonably designed to safeguard personal information and protected health information that will include specific information security requirements.

Attorney General Ashley Moody said, "Health care patients are routinely asked to reveal personal information in the course of treatment. The added stress surrounding a data breach exposing personal information can be overwhelming. I'm glad we were able to provide relief to the more than 430,000 Floridians impacted by the negligent actions of this health care company."

Specific information security measures contained in the agreed judgment include

requirements to:

- Develop a written incident response plan;
- Incorporate security awareness and privacy training for all personnel who have access to protected health information;
- Limit unnecessary or inappropriate access to protected health information; and
- Implement specific policies and procedures regarding business associates, including use of business associate agreements and audits of business associates.

In addition to Florida, represented by Consumer Protection Division assistant attorney general Patrice Malloy, the multistate group includes Alaska, Arkansas, Connecticut, Illinois, Indiana, Iowa, Kentucky, Louisiana, Massachusetts, Michigan, Mississippi, Missouri, Nebraska, Nevada, New Jersey, North Carolina, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Vermont, Washington and West Virginia.

The proposed judgment is pending judicial approval.

Ed's Story

Ed's Story—Everyone With ALS Counts

(NAPSI)—Amyotrophic lateral sclerosis (ALS) is a fatal neurological disease that attacks the nerve cells. It first gained national attention as Lou Gehrig's disease,

named after the famous baseball player who was diagnosed with ALS in 1939. To date, the cause of ALS is unknown, and there is still no known cure. The disease strikes quickly, usually leading to death within 2–5 years of diagnosis. But every person with ALS has an individual story, and understanding these stories will help researchers ultimately piece together clues about the disease.

Ed Tessaro was diagnosed with ALS in 2009. As he learned to cope with this diagnosis, he reflects, "I've never considered myself a victim of the disease, because I believe in my heart all of us have a wheelchair. In my case, it's quite literal, but with everything that goes on in my life, I realize that every family has had a crisis." One of the things that helps him and others with ALS is reaching out for community support and resources. "The ongoing struggle is to encourage newly diagnosed people to come in and talk about their condition. I want to help people learn about the National ALS Registry, clinical trials, and other resources that can provide support and hope."

The National ALS Registry helps gather information from those who are living with this disease. Researchers from all around the world can access the Registry data to help

scientists learn more about what causes this disease. Everyone's story is different, and everyone's piece of the puzzle is essential. The Registry has found that more than 16,000 people with ALS live in the United States. It is important to include as many people as possible living with the disease to get the most accurate information. When patients join, it helps give researchers more information. This could lead to a better understanding of the causes of ALS, because learning more about the disease is one step further in the battle to defeat it.

If you or someone you care about has ALS, consider learning more about the National ALS Registry by visiting: www.cdc.gov/als.



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