



Inverness Florida Lady Lake chamber holds Ribbon cutting for HNR Gunworks. HNR Gunworks celebrated their 4th year

Anniversary with a Ribbon Cutting and customer appreciation BBQ. Conveniently located at 3238 South Florida Avenue in

Inverness, FL, they are a SOT Class 3 licensed dealer, the only one in the Inverness area.

Town Manager Stepping Down



Kris Kollgaard Lady Lake Town Manager

by TomL

Kris Kollgaard Town Manager of eleven years has notified the Town Council June 16th that she will not be renewing her contract as Town Manager. Kollgaard said she would stay on until they get another Town Manager, then she will step down to Town Clerk. Kollgaard has been doing both jobs and she wants to just do Town Clerk job. Kollgaard said she wanted to spend more time with her family and kind of winded down from the stress that goes with the Town Manager job.

There is a organization of retired Town Managers that will assist the council's search for a new manager at no charge to the Town.

To Kris Kollgaard from TomL, THANK YOU FOR YOUR SERVICE!



Photo by TomL

Pictured is a Purple Passionflower

We have bantering pictures of Animals, Birds, Flowers nonprofessional photography. Here is some information from the web about the Purple Passionflower.

Alternate Names Wild passion flower,

maypop, apricot vine, old field apricot, Holy-Trinity flower, molly-pop, passion vine, pop- apple, granadilla, maycock, maracoc, maracock, white sarsaparilla.

Uses One of the uses of the purple passionflower is ornamental in nature. This is because of their showy blooms and their

climbing ability over fences, arbors, or up walls. Native American Indians used the poultice root for boils, cuts, earaches and inflammation. Dried leaves boiled with water also aids in insomnia.

Wildlife Purple passionflower attracts butterflies. Young tendrils inch lavender flowers are short-stalked from leaf axils. The petals and sepals subtend a fringe of wavy or crimped, hair-like segments. The pistil and stamens are also showy. Three-lobed, deciduous leaves are dark-green above and whitish below. The plants bloom from June to September. The pulpy fruit or "maypop" develops in two to three months after flowering and may be harvested from July to October. It will be yellowish in color and it is about the size of a large oval hen's egg.

Establishment The purple passionflower requires direct sunlight for at least half of the day and prefers fertile, well-drained soil although it will grow in heavier clay soils. Plants may be propagated from seed or by cuttings. Seeds should be collected in the fall after the fruit has begun to shrivel. Mature seeds are brown in color with no traces of white. Wash the gelatinous covering from the seeds if they are to be stored for any length of time. It is best to plant the seed directly into an outdoor seedbed. Cuttings should be taken in the early spring. Remove the lower leaves from a 15 to 20 cm cutting before placing it in the rooting medium. Removing the suckers that develop around the established plants provides materials for propagating by division. With a shovel, separate and remove the suckers and roots. Transplant the divisions and water them immediately.

COVID-19 is spiking in Marion County

Take precautions the COVID-19 is spiking in Marion County.

Photo provided by Department of Health in Marion County: Florida Department of Health in Marion County Community Health Nurse Gina Rohr speaks to a resident about the testing process before being

swabbed for COVID-19 on June 16 at the department's drive-through test site. The department tests individuals for COVID-19 both at its facility and at off-site locations. Staff tested close to 400 individuals today at Stonecrest, a local 55+ community.

OCALA, Fla.-The Department of Health

in Marion County is reporting 331 cumulative cases of COVID-19 as of this afternoon. The most recent individuals confirmed to have the virus are:

- 22-year-old male from Belleview
- 22-year-old female from Ocala
- 30-year-old male from Ocala

- 33-year-old male from Ocala
- 53-year-old male from Belleview
- 60-year-old female from Ocala

So far, 19,488 COVID-19 tests have been given in Marion County. Of those, 19,149 were negative. Individuals who tested positive for the virus have ranged in age from 6 months to 97 years old. Eight Marion County residents have died after becoming ill with COVID-19. Marion's overall positive test rate is 1.7%; Florida's positive test rate is 5.6%. For more detailed information on all Marion cases, view Florida's COVID-19 Data and Surveillance

Dashboard<<https://experience.arcgis.com/experience/96dd742462124fa0b38ddedb9b25e429>>.

If you think you may have been exposed to COVID-19 or if you are experiencing symptoms<<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>> of the virus (such as fever, cough, shortness of breath, or difficulty breathing), DOH-Marion recommends that you get tested for the virus. The department offers free COVID-19

Continued page 2

AS I SEE IT

July 4th – 244 years! Now and Forever! "Questions Not Asked & Questions Not Answered".

Readers ask a lot of questions, but, often, I don't have (informed) answers!

Q-Was the 'Declaration of Independence' signed by citizens of the United States of America?

AISI-The eight 'signers' were all Englishmen who were born in the 'colonies'?

Q Who wrote the Declaration of Independence?

AISI-Apparently many of the most meaningful lines in the Declaration of Independence were written by George Mason from Virginia. One example is “all men are born equally free and independent.”

AISI-. Thomas Jefferson's expansion reads "We hold these truths to be self-evident, that all men are created equal."

AISI-Of course, neither one of them really meant "all men".

Also, Mason included "Natural Rights” as “Enjoyment of Life and Liberty, with the means of acquiring and possessing Property, and pursuing and obtaining Happiness and Safety.”

Jefferson whittled it down to a man's inalienable rights as "Life, Liberty, and the Pursuit of Happiness."

Q-Did the American Revolution start on 4th of July?

AISI-That was over a year earlier; back in April 1775.

Q-Was July 4 the day that they declared independence from England?

AISI-Back in June, Thomas Jefferson had written a first draft of the Declaration of

Independence. It was on July 4th 1776 that the 'Continental Congress' approved the Declaration of Independence.

AISI-The English 'Redcoats' were already on their way to New York Harbor.

Q-When did they tell England that they were done with them?

AISI-That didn't happen until about four months later, in November 1776.

Q-Can you get to see the original document they signed?

AISI- Not the 'original' signed document. Only copies signed in August 1776 survived. (Now displayed at the National Archives in Washington, D.C.)

Q-Was the Fourth of July always a national holiday?

AISI-Not for about 15 or 20 years; perhaps because there was a War of Independence going on.

AISI-Interestingly, in the context of what we see on TV these days, back in 1817, John Adams was already observing that America was uninterested in its own past.

AISI-Decades later, printed copies of the Declaration were widely circulated, all showing the date as July 4, 1776.

AISI-Also Thomas Jefferson, John Adams and James Monroe, died on July 4. But President Calvin Coolidge, was born on July 4 in 1872.

AISI-Finally, in 1870, Congress set July 4 as a national holiday (along with Christmas).

Q-Who else worked on the DoI?

AISI- There are a lot, but it was John Locke's idea to state that governments derive “their just Powers from the consent of the people.”

AISI-the word “forgive” appears 121 times in the bible.

-"And said to them, he that is without sin; let him first cast a stone".

-Regardless of whether people have harmed you, or if they deserve your forgiveness, your forgiveness does not mean forgetting, nor does it mean condoning or excusing their offenses against you.

Hate is poison. It will kill you, not them!

As I See It - In AMERICA there is ALWAYS hope for us all.

Covid-19

Continued from page 1

testing; call 352-644-2590 to schedule an appointment at the health department. You do not need to be experiencing symptoms to be tested. Testing is also available at other local medical providers; call before visiting a facility if you would like to be tested for COVID-19.

For more guidance

For the most up-to-date information on COVID-19 in Florida, visit

floridahealthcovid19.gov<<https://floridahealthcovid19.gov/>>. For general questions about COVID-19, call the state hotline (866-779-6121), local hotline (352-644-2590), or email COVID-19@flhealth.gov<<mailto:COVID-19@flhealth.gov>>. Individuals can also follow the Department of Health in Marion County on Twitter at

www.twitter.com/FLHealthMarion<<http://www.twitter.com/FLHealthMarion>> for the latest updates on COVID-19 in Marion.

About the Florida Department of Health The department, nationally accredited by the Public Health Accreditation

Board<<http://www.phaboard.org/>>, works to protect, promote and improve the health of all people in Florida through integrated state, county and community

efforts. Follow us on

Facebook<https://www.facebook.com/FLDepartmentofHealth?utm_source=article>,

Instagram<<https://www.instagram.com/florida.health/>> and Twitter at

@HealthyFla<https://twitter.com/HealthyFla?utm_source=article>. For more information about the Florida Department of Health please visit

www.FloridaHealth.gov<http://www.floridahealth.gov/?utm_source=article>.

Chinese Influence

Chinese Influence in our Universities

By TomL

It is said there are many Universities in the United States that receive monetary gifts (money) from China. We are talking about more than a one hundred. Many of the Colleges are required to disclose the donation. This means a Communist Country has influence over the education of some of our finest...There are many colleges that teach a program by the Chinese government to teach American students about the Chinese Culture.

Any College with credentials must disclose gifts or money of more than \$250,000 from a foreign power. About a third teaching the way of China culture (Confucius Institute) report it. Now we are beginning to see where some of this way of thinking that is coming out of the mouth of our college students.

Is this how you want your young to be educated? Socialism and eating animals from a live market that are unsanitary. I can't get that vision out of my head, there was a video sent to me. There were dogs/ cats / bats/ creatures we would try to swat is on that market, for sale to eat, not healthy. What say you? tloury@att.net

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Florida State Senate

DENNIS K. BAXLEY



Dear Friends,
It is great to be a Floridian! It is truly a blessing to live in a state that has not been completely overrun by liberal socialists. It saddens me to see that the average working American in other parts of this country have to live and raise a family in states that do not value their labor and effort. Instead, in places like Seattle, Washington, weak

leaders reward law-breakers, rioters, and looters. They allow them to take over public spaces, threaten law enforcement, and burn or destroy local businesses. This lawlessness is unacceptable, unjust and cannot be allowed to continue in our America. Their rebellion is not about injustice, or they would not acting this way. Their rebellion is against the principles that this country was founded on. Does our country have some ugly history? Yes! We know that there have

been many instances in world history that mankind has not been kind to each other, but that does not mean that the guiding principles that our country was founded on are evil or unjust. Liberty and justice for all with law and order secured. This is what our country needs now, more than ever.

While those in other parts of the country continue to burn and destroy, Florida remains focused on the current mission. Get people back to work, quickly, safely and efficiently. There is nothing in the world that a little prosperity cannot cure. Floridians are not interested in destroying; they are interested in building a future. Governor DeSantis and your elected leaders in the House and Senate are doing a fantastic job,

and Florida is in a good shape to bounce back quickly from the economic damage of COVID-19 and get us back on track.

Elections will be here in just a few short months and the stakes could not be higher. Does it seem like people say that a lot? They do, because it is true! Those people that we elect are going to shape policy that will affect you. It will affect how you do business, what your children learn in school, and who will run your healthcare. If you think you are immune from the reach of government, you are sadly mistaken. Elections do have consequences. Florida does not need more big government socialists trying to run your life, your children's education, or your healthcare. We need to elect leaders that will support faith, family, freedom, opportunity and life itself. If we can protect those five things, then stand back and watch what the people of this state can do when we get government out of the way.

This Senator is here to work for you. I am not the government. This how the people of Senate District 12 speak in to their government and that is why my door is always open to you. Please call, email, or visit one of the offices so that we can build a team together and fight to keep Florida prosperous for the benefit of all.

Onward & Upward,
Senator Dennis Baxley

SOME OF MY FAVORITE SITES

By Chris Boody

Our "new normal" gives us more time at home, sometimes wiling away the hours watching TV doesn't seem a productive use of our time. Here are 2 of my favorite sites/apps for alleviating boredom:

UDEMY.com is an inexpensive way to improve a skill or learn a new skill. For as little as \$12.95 you can purchase a full online course on many different subjects: Photography, Business, Math, Science, IT, SEO, Teacher Training and so much more.

FEEDLY.com is a place for you to get all your news and other information all in one place. Once you set it up to go fetch from specific websites, you can read whatever has been posted since the last time you signed in. Feedly also has an app on Google Play Store (not sure about Apple Store).

Want to Paint? Check out WOW ART on Youtube for some step by step instructions on painting your masterpiece.

Greeting cards: a wonderful way to reach out to friends and family is to send homemade cards. I love pop-up cards. YouTube has some ideas. Just type "pop-up card" in the search bar.

To reach me with your ideas/comments please email me at chris.TomLpub@gmail.com.



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Email Tom:
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Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders, Co-Founder and President of Select Business Associates, Past President of the Lady Lake Chamber.

PUBLISHER'S NOTES



This month Trump donated his quarterly \$100,000 presidential salary to rebuild our Military Cemeteries. I have not seen this in the news. Maybe they think it is not a big enough salary?

There is nothing that can explain how Donald Trump is still standing after the cruelest and most unrelenting attack that any leader of the free world has ever experienced. Someone much bigger than you and I want him right where he is and at least half of the American people want their country cleaned up. We are tired of filling the pockets of a few law breaking do nothing politicians. By the way the president did not close your business the Governors did!

They are using the Black Lives Matter Campaign to disrupt the Country. Of course Black lives matter and yes we have a few

bad Police Officers, but they have been allowed by the politicians to continue to do more than one illegal incident. They never tell the people protesting that the Republicans freed the Slaves. Many soldiers of color died defending the Confederate Flag! How about the first 23 People of color were Republicans. So we need a program that show the protesters that they are being used for their vote and used to disrupt our political system because the truth is coming out and many of our Democratic leaders is going down. So distract / distract / distract.

The Little White Cross: Wayne and Bonnie Anderson have been told by the Villages Community Development District 8 that they had to remove a little white cross that is on display on the their lawn in the flower garden. It was deemed a lawn ornament. It seems the Community Development District 8 has no choice but to make them move the cross if there is a complaint. There are many of the same crosses on display in the Villages. I'm sure

the Villages is not happy about this unfriendly move in the Friendliest Community in Florida. There are a number of unfriendly things going on about Taxes, Sinkholes and more. The Villages is not one big friendly Village. Is is comprised of Community Development Districts. If a Village or town or a City was as big as it is it, would come under many state regulations. To avoid the State of Florida Regulation they formed Community Development Districts and kept the population count under the magic number so they could not be deemed a Town, city or Village. The couple has a new attorney that will take the case against the Giant.

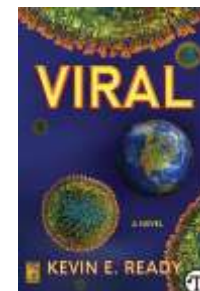
Tom Homan sends message to Nancy Pelosi, Chuck Schumer, Alexandria Ocasio-Cortez. "Lead by example and give up your personal security that you want to take away from the tax payers. They have been reports of Pelosi having security during her shopping sprees.

A report from the internet a Senator said, while staying at one of the motels in Raleigh he observed the "protesters" using prepaid visa cards for all of their expenses. Very convenient and untraceable. We are waiting for investigation of who paid for the cards.

In a recent meeting I heard a complaint that Ocala was getting a bum rap. There was a report that the crime in Ocala had gone way up. NOT TRUE again this happened with the COVID-19 reports. Which the Health Department fixed with their zip code dashboard. In Ocala there are many mailing addresses that are outside the City limits, so you are taking in a very large area. That is what they are counting when they do the crime report. I am sure when you look at the real crime rate within the city limits you will see it is very low.

Four Great Reads

Four Great Reads: Fictional Pandemic All Too Real; Making America Sacred Again; An Immigration Story; Disappearing Jets



"Viral" by Kevin E. Ready

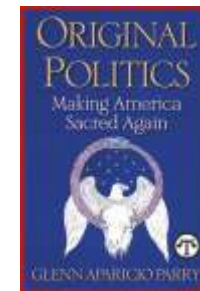
(NAPSI)—A story of hope and the indomitable will of the human spirit. This is a popular fiction saga of a pandemic—written well before the COVID-19 virus was ever heard of—and the actions taken by people

around the world to fight it. The story is told from the viewpoint of several key characters in various countries and walks of life. It includes realistic descriptions of the disease and heartfelt sub-stories of the characters as they deal with the pandemic.

A woman of science must step up and become a leader and, hopefully, a savior. A first responder finds himself fighting for the lives of thousands. Valiant medical workers face near-impossible tasks while risking their very lives. Sounds only too real.

Purchase at <https://amzn.to/2AieoiT>.

"Original Politics: Making America Sacred Again" by Glenn Aparicio Parry



To recreate a whole and sacred America, it is important to piece together the forgotten fragments of history currently keeping the country divided. Just as a traditional Native American potter begins a new pot with shards

of old pots, "Original Politics" reconstitutes the nation as a whole out of the seemingly disparate shards from its origins.

Perhaps the most significant forgotten piece is the profound effect Native America had on the founding values of this nation. "Original Politics" demonstrates how the best aspects of America's founding vision were inspired from Native American cultures: natural rights, liberty, and egalitarian justice. Native America has inspired bringing all the world's peoples together on one soil in a harmonious cultural mosaic of unity and diversity.

Purchase at <https://amzn.to/3bgwsHe>.



"Stitching a Life: An Immigration Story" by Mary Helen Fein

It's 1900, and 16-year-old Helen comes alone across the Atlantic from a village in Lithuania, fleeing terrible anti-Semitism

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Newspaper Deadlines

Editorial & Ad Copy for August

Seniors Voice & Ocala DownTown

12am, July 15th

Lady Lake Magazine & Village Spectator

12am, July 22nd

Lady Lake Magazine/Village Spectator

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Tips To Help Home/Business



Get Ready: 10 Tips To Help Home And Business Owners Prepare Ahead Of Storms, Hurricanes And Floods

(NAPSI)—The preparations you make now, ahead of storms, floods or hurricanes, can help you recover faster and stay safe during cleanup. The Outdoor Power

Equipment Institute (OPEI), an international trade association representing manufacturers and suppliers of power equipment, small engines and battery power, utility and personal transport vehicles, and golf cars, reminds home and business owners to get ready before a storm strikes and make preparations now.

“Weather can be unpredictable, so it's important to always keep your equipment in working order, to have the right fuel on hand and to know where your safety gear is. This is doubly true during storm season, as the weather can change quickly,” said Kris Kiser, president and CEO of OPEI. “You also want to know how to use your equipment safely and use caution when cleaning up.”

These tips can help homeowners and businesses plan ahead for storm cleanup:

Take stock of your outdoor power equipment. Make sure it's in good working order. If needed, take the equipment to an

authorized service center for maintenance or repair. If you need to buy a new piece of equipment, get it before the storm and learn how to use it.

Find your safety gear. Avoid the scramble for sturdy shoes, safety goggles, hard hats, reflective clothing and work gloves, which should be stored in an accessible area with your equipment.

Review the owner's manuals. Read product manuals to ensure you know how to operate your equipment safely.

Have the right fuel on hand. Fuel stations may be closed after a storm. Store your fuel in an approved container. Use the type of fuel recommended by the equipment manufacturer. It's illegal to use any fuel with more than 10% ethanol in outdoor power equipment (for more information on proper fueling visit www.LookBeforeYouPump.com).

Charge batteries. Collect the batteries for

your outdoor power equipment and fully charge them ahead of the storm.

Use safety precautions. Be aware of fundamental dangers that can occur. For instance, chainsaw kickback may happen when the moving chain at the tip of the guide bar touches an object or when the wood closes in and pinches the saw chain in the cut. Always stand with your weight on both feet, and adjust your stance so you're angled away from the blade. Hold the chainsaw with both hands. Never over-reach or cut anything above your shoulder height. Have a planned retreat path if something falls.

Ensure portable generators have plenty of ventilation. Generators should never be used in an enclosed area or inside a home or garage, even if the windows or doors are open. Place the generator outside and away from windows, doors and vents that could allow carbon monoxide inside. Keep the generator dry. Do not use it in rainy or wet conditions. Before refueling, turn the generator off and let it cool down.

Drive Utility Type Vehicles (UTVs) with caution. Keep the vehicle stable and drive slowly. Do not turn the vehicle mid-slope or while on a hill.

Be aware of others. Keep bystanders, children and animals out of your work area. Don't let other people near outdoor power equipment when starting or using it.

Pay attention to your health. Storm cleanup can be taxing on the body and the spirit. Don't operate power equipment when you're fatigued. Drink plenty of water and take regular breaks.

Keep this advice in mind and you may be better prepared to weather any storm.



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PRACTICE PRECAUTION - PREVENT A DROWNING TRAGEDY

It only takes a minute. You look away, you may not hear the splash and your child is nowhere in sight.

Drowning – the harsh reality of losing a child in less than one minute. Drowning is swift and silent.

According to the National Drowning Prevention Alliance (NDPA), there are approximately 4000 drowning deaths a year in the United States. The Lady Lake Police Department is committed to educating parents and caregivers about taking precautions to help end these preventable tragedies.

Florida loses more children under age five to drowning than any other state. Annually in Florida, enough children to fill three to four preschool classrooms drown and do not live to see their fifth birthday (Floridahealth.gov.)

Living in Central Florida, we are surrounded by water. Although children may know how to swim, if left unsupervised, they can drown in less than two inches of water. When participating in outdoor water activities, I encourage you to follow these safety-conscious behaviors:

- Never leave children unsupervised in or around a body of water - even for a moment. Children can drown in as little

as two inches of water in less than one minute. Remember, a life-guard on duty at a pool, beach, or lake is not an alternative for you watching your children. It's still your responsibility.

- Install at least a 4 foot gate around the pool that is self-latching and self-locking.
- Install a pool cover to securely cover the water area.
- Alarm every door leading to water to alert you if a child has gone outside.
- Teach children water and swimming skills at a young age.
- Children and inexperience swimmers should wear a U.S. Coastguard approved life jacket.
- During pool parties or family fun gatherings, designate an adult to watch the children. These are known as "water watchers." Rotate adults if needed.
- Remove any toys that may attract children to the pool area.
- Keep a phone with you so that you never have to "run" to answer a call.
- Keep lifesaving equipment - a pole, life preserver and rope - in the pool area.
- Children with long hair should clip it back or wear a cap in the pool.
- Avoid keeping water in buckets or other large containers when toddlers are home.
- Don't rely on flotation devices to protect your children in the water.
- Be observant of water current indicator/warning flags at beaches. The current can change or be dangerously stronger than expected even if you are an

experienced swimmer. Children will be at a higher risk of drowning in these conditions.

Drowning Prevention Checklist

- Constant adult supervision by an adult who knows how to swim
- Childproof locks on all doors leading to water
- Gate or fence surrounding water that is self-latching, self-locking
- Pool cover in use
- Alarms for doors and windows leading to pool are activated
- Child has completed swim lessons
- Above-ground pool stairs removed when pool not in use
- Lifesaving equipment in pool area
- Pool chemicals and supplies are locked in a secure area
- Child is watched in bathtub at all times
- Parent and / or caregiver knows CPR

While you are out enjoying a fun day in the water this summer, please remember to be responsible and practice safety. Make a commitment to safeguard our children from becoming victims of this entirely preventable tragedy.

Stay safe and enjoy your summer!



Story of Max Mallory

Every Young Man Should Know About This Type Of Cancer Prevention

(NAPSI)—Young men and those who care about them should consider the story of Max Mallory. At 22 he graduated from college and started his dream job in the video game industry. He landed the job before graduation at the company where he had interned for almost a year. Set up in his own apartment, he started to live his life on his own and navigate the nuances of that first professional job.

Life was fine until mid-October, when Max experienced what seemed like stomach troubles and minor back pain. After two visits to urgent care centers where doctors prescribed antibiotics, he came home to stay with his dad and visit a urologist. He never made it to that medical appointment. Doubled over with sudden pain the next afternoon, he called 911. Late that evening in the emergency room, he heard the worrisome diagnosis: late-stage testicular cancer.

His cancer journey lasted only seven hard-fought months. He had an aggressive testicular cancer, choriocarcinoma. He passed away three days after he received the first round of stem cells.

He couldn't have prevented his testicular cancer with self-exams, since he "was born with" one testicle that was healthy.

Be Aware of the Other Cause

Mallory was born with one undescended testicle, known in medical terms as

Continued page 7



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Cancer

Continued from page 6
cryptorchidism and identified as the most common genital problem pediatricians encounter (Medscape). He had exploratory surgery at age one. He and his parents were told he was born with one testicle, that the undescended testicle they were looking for wasn't there. Over the years, no one questioned this situation—though he regularly saw pediatricians.

His cancer did not appear as a lump or tumor on his testicle. The malignant mass rested in his lower abdomen. The acute back pain became the catalyst for action. Unknown to him, his “missing” testicle existed after all and developed into the cancerous tissue. By the time he made it to the E.D., it had already spread to other parts of his body.

What Can Be Done?

For boys and men with two testicles, self-exam is key. Some schools, coaches and informed doctors have told these young men how to go about it. There are many sources online for the information; for example, the Mayo Clinic is a good place to check.

For those who have had an undescended testicle, it's important to find out what was done about it. If it was surgically put in place (usually done in infancy), there is still a slightly higher risk of testicular cancer. Your doctor should know about this.

More Info

The Max Mallory Foundation was founded in 2017 and provides awareness of testicular cancer not identified “with a

lump” and self-exam. It also assists young adults with cancer, an underserved group and works in association with other testicular cancer organizations. The Foundation is a 501c(3) organization. Mallory's full story is on the website, <https://maxmalloryfoundation.com>.

Keep More Of Your Money



(NAPSI)—With day-to-day activities affected by the coronavirus, many people greatly reduced their spending. While saving money is great, a solid financial plan is even better. Here are hints on how:

1. Make a budget, but focus on the things that you can control. You can't change your mortgage or rent payment overnight, but you can eat more meals at home.
2. Clear the clutter, but keep the cash. You can use sites such as Declutter, Facebook Marketplace and Offer Up to profit from the things you no longer need.
3. Simplify your subscriptions. Today there are subscriptions for everything from entertainment to plants. It's easy to lose track of how much money you're really

spending. Make a list and do away with subscriptions you don't fully use.

4. Plan major purchases. If you'll need a new dryer, roof or car, figure out how much it will cost so that you can start saving.

5. Buy used or refurbished electronics. You can find great smartphones, laptops and other electronics in good condition on such sites as Gazelle, Swappa or eBay. Another tip for saving money is to use Upsie for the most affordable warranties for your electronics, appliances and more. Upsie also offers warranties that include accident protection for used devices.

Learn More

For further facts and tips, visit upsie.com.



Feeding A Global Need

Feeding A Global Need: Youth Hunger And Malnutrition Continue To Grow

(NAPSI)—According to the United States Department of Agriculture, in the U.S., more than 12 million children receive free or reduced-price breakfast at school, and more than 29.7 million get lunch through the national school lunch program. For many, school meals are the only consistent food



they get in a day and, while many school districts have continued distributing meals during the pandemic shutdown, when the school year ends, so do school meals. But there is hope and help.

Nationally, companies and non-profit organizations are partnering to help meet the needs in the community. One such partnership between Herbalife Nutrition and Feed the Children, a nonprofit organization, aims at solving the issue of food insecurity. The two organizations have united under the shared commitment to defeat hunger worldwide.

The Importance of Nutrition

The most vulnerable members of our society, children, rely on school meals and feeding programs to survive. Families living paycheck to paycheck may not have savings or support systems to help them. When children are guaranteed proper health and sanitation measures, they are able to prevent and fight disease, enabling them to develop both physically and mentally into strong children who become contributing members of their communities.

Continued page 9

LETTERS TO THE EDITOR

To the Editor

I stopped watch the NFL 3 seasons ago when the whole knee thing started. I missed it at first and went back to being an loyal fan to College Football, my Sooners.

Cale Gundy an OU coach and Mike Gundy, Oklahoma State head coach, grew up a few miles from me and attended the same HS. Our family knew each other but was not close. Although, both are years younger, I attended their HS games. Mike Gundy wore a One America News (OAN) Tee Shirt and is targeted by media for being a racist. He's had to apologize to Black Lives Matter, there's stories coming up that he made a racial slur a few years ago and now have death threats.

What is wrong when you wear a tee shirt and you're a republican? Racism is Discrimination! Is being singled out for wearing a tee shirt, discrimination? I've been discriminated and bullied my whole life, it makes me have different emotions. It taught me to become a stronger person, that has opened many opportunities in my life. I've had opportunities not handouts!

What has America become a land of handouts? Do we lower the bar for everyone, for everyone to become a success story? People convicted of white collar crimes are slapped on the hand. People convicted of violent crimes are released on probation, most of the time serving half their sentence and generally repeat offenders! Illegal Aliens (illegal immigrants), are allowed rights in this county with taxpayers paid attorneys. No other country provides legal assistance, let alone a translator.

Sorry, for my rant. Ive been a supporter of sports and former season ticket holder for the Oklahoma Sooners, Dallas Cowboys, Dallas Stars, Dallas Mavericks, San Diego Chargers, LA Kings, LA Lakers, Baltimore Ravens, Carolina Panthers, Carolina Hurricanes and Orlando Magic. I don't know what sports in the US represent anymore other than a platform to create biases.

Thank God you have a publication platform and stand for people that know right from wrong!

Once again, I apologize for my rant but the athletes have no rights to use games to make a statement. They're gifted entertainers!

Dear Editor:

Our founding fathers thought they gave us the best kind of government to keep corruption at bay. But since they never expressed that sentiment in just those words, and we did not get the message, guess what?

We have been remiss, and we now have the most corrupt government that has possibly existed on the face of the earth. We sit and let it happen.

The goal of humankind is and always been the hindrance of corruption, however we never seem to recognize it until it is too late. The corrupters invent new stealth means to perpetrate an updated form of corruption. They have done one spectacular number on our current government and economic system.

Our congress has no clue what becomes law as others write the laws. Now they want to vote long distance , and avoid having to show up in Washington, and still expect to collect their paycheck. How corrupt is that?

In order to make millions or billions no product is necessary. Google and Facebook are doing it with clicks and data, your clicks and data. If you want to hunt for money for that income equity, look here.

Surveillance Capitalism, a book by Shoshanna Zuboff, lays it all out in detail, and these barons go to extreme lengths to conceal that fact. They are new crop of robber barons, only they steal clicks and data and sell it as their property. Nice setup as long as you can fool the sheep. They are the new Clicks and Data Barons. The problem is: the clicks and data barons scrupulously hide the fact that those clicks and data belong to you and me. The Robber Barons at least had a product to sell.

Not only do they use the clicks and data to make money, but for control as well, hello 1984, or Animal Farm.

The very least we can do is pay attention. Next, look for honest candidates to vote for. Acquire knowledge, it is different from education. Education is for work, knowledge is for life.

If corruption is O.K. with you sail on your merry way. If corruption is a problem for you get up and confront it. Either we confront it or corruption devours us. You have a choice.

The choice is Freedom or slavery, the only 2 choices. Pick one.

D.I. L

Dear Sir, I recently came across one of your publications & was quite impressed! Seems like a factual, to the point paper. Where might I be able to obtain future issues? I reside in the NE Ocala, FL area. Thank you for your time. Sincerely, M Harper

Thank you Mr Harper

You can find our papers at

Ocala Library, Government Building
Tax collector, Health Department, Veterans

Administration etc.

Also at Art Meadows Jewelry, Yandles Building Material, Walt's Brake & More, & hundreds more!

OR Go online to TomLPublishing.com click on back Issues then click on which one you want to read. We have four papers 2 in Ocala and 2 in the Villages. Just click on the banner of the paper and the paper should appear.

If you have any trouble reading it online and you can't find a paper let me know.

Thanks for being a reader!

TomL

Dear Friends,

During a business meeting, I informed the members of a useful website, popvox.com. At this website you can weigh in on any pending or recently passed legislation in Congress. When you first enter the website, to sign up, you must "register" with your name (you can use an alias if you wish) & address. With your address, it knows who your Representative is and your two Senators.

You then can search any legislation such as HR 25, The FAIRtax Act of 2019. You will see who are the cosponsors and what people are saying about the legislation. You can also indicate whether you are for or against the legislation and your comments will be sent to your Representative; you will get a response. You can peruse the site and you'll see you can find a LOT of information on any legislation.

I encourage you to sign into popvox.com and please indicate your support for HR 25. Then tell others about this site and hopefully they will indicate their support of the FAIRtax also. The people in Congress do look at this site to follow trends on pending legislation so it is important to show support for HR 25. You can also look for other tax bills and indicate why you don't support them.

If you have any questions, please email me ocalafairtax@icloud.com

Ron Maiellaro

Florida FAIRTax Educational Association

Rumor... Ex-Chief Sues Town

By TomL

There are Rumors flying around that the Ex-Chief is suing the Town of Lady Lake for age discrimination. It was also in a online news cast. At press time the Town has not been served. So right now it is a rumor on June 25th at 12 noon.

This is a long time battle between Ex-Chief McKinstry and the Town Manager Kris Kollgaard. McKinstry stepped down in



Ex-Chief Chris McKinstry

2018 after several heated Town Meetings. Town Manager Kris Kollgaard said the Chief was not following regulations or rules of his contract and they had irreconcilable differences. The Ex-Chief answered to the Town Manager according to the Town Council. One thing led to another and the Chief was forced out. Two of the five Town Council sided with the Chief and three did not so it was over.

Recently when the Town Manager gave notice sources say the Ex-Chief was suing the Town for age discrimination. The ex-chief did file a complaint with Florida Commission on Human Relations claiming age discrimination and they came back with a ruling of no reasonable cause to believe that there was any age discrimination. The Town does not seem to know anything about the suit. There is no information at press time that the Town of Lady Lake has been served.

Summer Celebrations

(NAPSI)—Helping people celebrate and connect is at the heart of what 1-800-Flowers does. And while distance is keeping us apart, we can still be there for the moments that count. As we move into the summer, here are some great ways to stay close for those special occasions, even when we can't be there.

Give Dad the Day He Deserves

Although big gatherings and dinners out may not be in the plans, celebrating Dad still is. A traditional BBQ for 'Fathers Day' is always one way to go (make it virtual by Zooming with family & friends), but if you need some inspiration, the team at 1-800-Flowers has some fun, unique activities on tap:

1.Brunch Time: Treat him to a hearty feast, fit for a king. If it's sunny, take it outdoors.

2.Game Day: We're talking board games,

Continued page 9



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Global Need

Continued from page 7

"As a nutrition company, we know that without adequate food and nutrition, children are unable to reach their full development potential both physically and mentally," said Dr. Kent Bradley, Chief Health and Nutrition Officer, Herbalife Nutrition. "In working with Feed the Children, we've learned the extent of the issue of food insecurity."

Disturbingly, 66 million school-age children attend classes hungry across the developing world, according to the Food and Agriculture Organization of the United Nations. As the world continues to experience fear and uncertainty, resources become scarcer. The reality is that food-insecure families, especially kids, are going to be affected more than most.

Dr. Bradley adds, "as a global company providing healthy nutrition to millions of people around the world, we have a responsibility to help those in need of good nutrition."

According to the Food Research and Action Center, many of the children who face a nutrition gap when the school year ends also are affected disproportionately by

summer learning loss. Also known as the "summer slide," this refers to the loss of academic skills and knowledge over the summer. This means these children return to school in the fall academically behind their peers and struggling to catch up before classes even begin.

Partnering Together

Companies, individual donors and community organizations are coming together to help vulnerable families and communities to ensure that millions who have lost access to food, don't go hungry. In addition to programmatic support for Feed the Children, the Herbalife Nutrition Foundation has already donated \$50,000 to the organization for its pandemic response efforts, through the company's Nutrition for Zero Hunger initiative.

"Through our vast network of community and corporate partners, Feed the Children continues to work each day to ensure that no child is hungry. There are a variety of ways our community partners are delivering food and household essentials including door-to-door home delivery and drive-thru product pick-ups (food, water, hygiene items). Some community partners even have a call-in number to ensure those who are homebound

or quarantined receive the items they need," says Travis Arnold, CEO and President of Feed the Children.

Feed the Children is taking action to ensure communities aren't forgotten. Eighty percent of their standard domestic work involves supplying community partners (such as food pantries and soup kitchens) with the bulk of the items they need to do their daily work.

To help Feed the Children in these efforts by donating cash, visit www.feedthechildren.org. Businesses that can donate product (food, hygiene items, and the like) can call (800) 627-4556.

Summer

continued from page 8

perfect for some quality family bonding time.

3.Beer Tasting: Have a mix of lagers, ales & IPAs delivered from his favorite brewery.

4.Netflix & Couch: Re-watch his most-loved series or find something new he'll enjoy.

5.Outdoor Movie Night: Shine a projector, then snuggle up with snacks & a great flick.



Of course, what holiday is complete without gifts? Whether you're home together or sending your love from miles away, a thoughtful gesture can make a big difference in his day. Here are a few top picks:

Mood-brightening Blooms: [Fields of Europe Summer™ for Fathers Day, "Its Your Day for Fathers Day](#)

A Mancave Must-Have: [Juniper Bonsai](#)

Snack Attack Staples: [Classic BBQ Gift Tub, "Happy Fathers Day Gift Basket](#)

Creative Ways to Celebrate Graduates
[Graduation](#) may not be what they imagined, but that doesn't take away from what this milestone is all about. Check off some creative ideas for making the moment memorable, along with some inspiring gift choices.

1.Organize a photo shoot: Hire someone to snap some pics of your grad in their cap and gown, at home or school.

2.Plan an at-home ceremony: Think heartfelt speeches and a homemade diploma. Invite family and friends via video chat, then keep it going with a festive party.

3.Create a virtual "congrats" board: Fill it with heartfelt messages from family, friends and teachers, using a platform of your choice.

A New Kind of Family Reunion

Summertime is one of the best times to bring everyone together because of the warmer weather. If you don't want to put your 2020 family reunion plans on hold (hold on to those matching shirts), you'll just have to change it up a bit.

1.Go Virtual: Invite everyone on Zoom, Skype or Google Meet. Spend all day "together" talking and making memories. (Make sure to have lots of food on hand.)

2.Keep It Local: Scale things down by meeting up (as regulations allow) with a smaller group at an outdoor venue. Have a day of fun from a safe social distance.

3.Do a Digital Celebration: Until you can all be there, share your favorite photos & videos with the whole group online. It will give everyone something to look forward to.

Of course, gifts are a great way to cheer up loved ones, so consider sending along one of these popular favorites from your friends at 1-800-Flowers: [Pure Enchantment™](#), [One-of-a-Kind Bouquet](#), Blooming Delights Gift Baskets.

Got a gift that really brightened your day? Join the conversation with [1-800-Flowers.com](#) on [Facebook](#), [Twitter](#) and [Instagram](#), using #MadeMeSmile.

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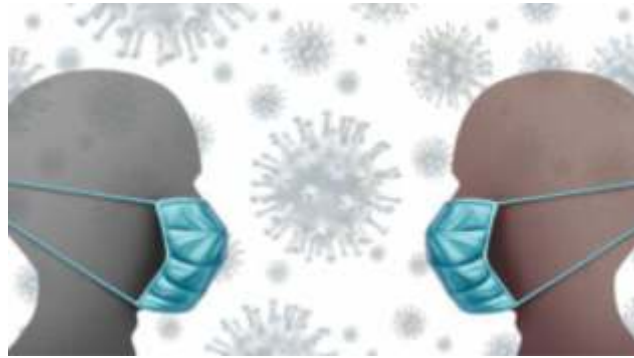


Nestled back in under some Oak trees in rural Marion County I ran across a true Artist. This is Chuck York standing behind one of his creations. A genuine Handmade Rocking Horse with real Horse Hair a miniature hand made saddle. I ask Chuck how much time he had in the Horse? He said he started it last summer. It is hard to tell how many hours are in the project

because you do some work on it then you have to let it set for a couple of days. He estimates over 300 hours, I guess at least 500 hours. The horse has been spoken a person person that has collected other creations from Chuck. For questions Chuck's number is 352-361-6642. If you know someone that has a hobby like this let me know. 352-804-1223.

Stay Connected to Your Loved Ones

technology, with real-time smartphone alerts to let you know if something's amiss.



"You don't even know it's there, but it's here to protect you and let someone know if something does go wrong," says Margarete Pullen of Dallas, Texas, whose son had the system installed by an authorized service provider for her and her husband along with a [Wellcam](#) video camera with two-way voice capability.

Three Ways to Stay Connected to Your Senior Loved Ones While Social Distancing

After more than 45 days in lockdown, it's no surprise that many people are going a tad stir-crazy. But it's far worse for seniors: Not only have visits from their kids and grandkids been suspended, but there's the extra stress that comes with the nagging suspicion that they'll be advised to remain on lockdown long after younger people begin trickling back to work and the world starts opening up again.

In fact, the AARP Foundation has even come up with this dire comparison: Prolonged social isolation, for those aged 50 and older, "is the health equivalent of smoking 15 cigarettes a day." Fortunately, some of the niftiest technology offers solutions both to keep us connected and protect against some of the miscreants taking advantage of the situation.

Health Checks. If you are worried that all of the anxiety is harming your loved ones' overall well-being, the machine-learning algorithms that analyze activity data as part of [Alarm.com's Wellness](#) solution can provide you with the very details you've suddenly found yourself obsessing about.

Did they open their medicine cabinet when they should, to take their prescription? Have their sleeping, eating, and (yes) bathroom patterns changed? Are they up and about during the day?

All that and more is done by connecting their home to yours via smart-home

Movie meet-ups. Most of us are just trying to find novel ways to cope with a situation that Nicholas Christakis, a social scientist and physician at Yale University, told *Science* magazine "calls on us to suppress our profoundly human and evolutionary hard-wired impulses for connection."

Google's new Netflix Party extension lets friends and family watch – and video-chat their way through – a movie together on their computers. You'll need a Netflix subscription, but then you're free to debate if the Tiger King is worth all the hype and whether Carol Baskin really did kill her husband. Plus, unlike in real theaters, not many people (if any) are physically there to complain if you're making too much noise eating popcorn.

Apps! Apps! Apps! No Netflix subscription? With apps such as FaceTime, Skype, Houseparty and Zoom comes more proof that social distancing needn't mean social disconnecting. Mass virtual dinner parties. Mass virtual "happy hours." Mass virtual gym classes. They've all become quite the rage, with one Vermont couple in their eighties even touchingly using Apple's FaceTime to see and talk to each other after the husband had to be put in a nursing home that bars visitors during the pandemic.

Want to be a hero in your neighborhood? Use an app such as Instagram to share a video of someone [Alarm.com's doorbell cameras](#) caught swiping one of the many, many packages you've been having delivered.

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FLORIDA GOVERNOR'S DESK



Ron DeSantis

Tallahassee, Fla. — Today, Governor Ron DeSantis announced the appointments of Cary Rada to the Fifth Circuit Court, George Wright to the Eighth Circuit Court, William Henry to the Fourteenth Circuit Court, Paige Gillman to the Fifteenth Circuit

Court, Tabitha Blackmon to the Broward County Court, Jason Jones to the Leon County Court, Cristina Rivera Correa to the Miami-Dade County Court and Chiaka Ihekwa to the Miami-Dade County Court.

A Judge from this area is...

Cary Rada

Rada, of Tavares, has been a Judge for the Lake County Court since 2018. He previously served as a prosecutor for the State Attorney's Office. He received his bachelor's degree from Florida Atlantic University and his law degree from Stetson University College of Law. Rada fills the vacancy created by the retirement of Judge Mark Hill.

Governor Ron DeSantis Makes Five Judicial Appointments

Tallahassee, Fla. — Today, Governor Ron DeSantis announced the appointments of Heather Beato to the Tenth Circuit Court, Brett Waronicki to the Nineteenth Circuit Court, London Kite to the Duval County Court, and Andrew Bain and Elizabeth Gibson to the Orange County Court.

Heather Beato

Beato, of Sebring, has been an Assistant State Attorney for the Tenth Circuit since 2002. She received her bachelor's degree from the College of William and Mary and her law degree from the Florida State University College of Law. Beato fills the vacancy created by the retirement of Judge

Bruce Smith.

Brett Waronicki

Waronicki, of Stuart, has been a Partner and Shareholder for Wiederhold, Kummerlen, and Waronicki, P.A. since 2011. He previously served as an Assistant Public Defender for the Nineteenth Circuit. He received his bachelor's degree from the University of Florida and his law degree from West Virginia University College of Law. Waronicki fills the vacancy created by the retirement of Judge Barbara Bronis.

London Kite

Kite, of Jacksonville, has been an Assistant State Attorney for the Fourth Circuit since 2003. She has served for ten years as an Adjunct Professor at the Florida Coastal School of Law. She received her bachelor's degree from the University of South Florida and her law degree from the University of Florida College of Law. Kite fills the vacancy created by the elevation of Judge Anthony Salem.

Andrew Bain

Bain, of Orlando, has been an Assistant State Attorney in the Ninth Circuit since 2013. He received his bachelor's degree from the University of Miami and his law degree from Florida A&M University College of Law. Bain fills the vacancy created by the retirement of Judge Nancy Clark.

Elizabeth Gibson

Gibson, of Orlando, has been a General Counsel for Christian Care Ministry since 2019. She previously served as an Assistant State Attorney for the Fifth Circuit. She received her bachelor's degree from the University of Maryland and her law degree from the University of Florida College of Law. Gibson fills the vacancy created by the retirement of Judge Maureen Bell.

First Lady encourages all Floridians,

including health care workers and first responders, to take advantage of free mental health support

Tallahassee, Fla. — Under the leadership of Governor Ron DeSantis and First Lady Casey DeSantis, mental health awareness has been a central part of the state's ongoing response to COVID-19. Florida's state agencies have coordinated with the Florida Division of Emergency Management and Florida Department of Health during the public health emergency to ensure Floridians have access to free mental health resources and necessary support.

First Lady Casey DeSantis said, "Mental health must always be an important point of emphasis in disaster response and recovery — especially for individuals already suffering from mental health issues, individuals affected by the disaster directly and health care workers and first responders. In Florida, I am proud of the steps being taken by several state agencies during the COVID-19 public health emergency to offer mental health services and support."

Lt. Governor Jeanette Nuñez said, "As our state continues to wage its battle against this new illness, we must recognize the toll taken on those individuals who fight every day to keep our communities safe. With these important tools and strategies, we are arming these selfless professionals with the resources they need to take care of themselves and their loved ones as they continue their commitment to keeping Florida healthy."

State Surgeon General Dr. Scott Rivkees said, "We are committed to eliminating disparities in the availability and accessibility of mental health programs for all Floridians, including those engaged in essential activities. Our teams of public health professionals, health care providers and first responders will have access to these effective mental health resources to stay

healthy as they work to keep our state healthy during this unprecedented time."

Florida Division of Emergency Management Director Jared Moskowitz said, "We know how important mental health is for our recovery as a state. That's why, at the direction of the First Lady, Florida has set an example nationally for mental health response. We will continue to work every day to make sure Floridians have the resources they need to recover, not just physically, but mentally and emotionally as well."

Department of Children and Families Secretary Chad Poppell said, "I commend the Governor and the First Lady for continuing to prioritize mental health throughout this public health emergency. As we begin to transition into a time of recovery and reflection, many Floridians will need counseling or other support — especially health care workers and first responders. With the proactive and thoughtful measures our state leaders have taken, there will be resources and services available to anyone in need, allowing our state to move forward with a clear mind and renewed outlook."

Education Commissioner Richard Corcoran said, "First Lady Casey DeSantis set out to reinvent school-based mental health awareness in Florida, with the goal of being the best state in the nation for connecting all Floridians with available resources. The COVID-19 pandemic has reinforced the need for compassion, grace and solid planning, access and infrastructure that can withstand unexpected catastrophes that simultaneously disrupt lives and increase the need for these services. Florida is very fortunate to have First Lady Casey DeSantis' dedication and commitment to ensure every Floridian has the access and support they need as we recover together."

Agency for Health Care Administration Secretary Mary Mayhew said, "Access to

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FLORIDA STATE ATTORNEY GENERAL



Ashley Moody

Attorney General Moody Asks Floridians to Immediately Report Child Porn Zoombombing to Law Enforcement

TALLAHASSEE, Fla. — Attorney General Ashley Moody is working with Florida

sheriffs, police chiefs and university police to stop child porn Zoombombing. Zoombombing occurs when hackers hijack internet video conferences, like those offered by the fast-growing platform Zoom. These hackers often present inappropriate, offensive material or otherwise disrupt video conferences. Recent reports indicate that hackers are crashing online meetings with child pornography. After learning of this criminal activity, Attorney General Moody began working with local law enforcement to thwart the offensive conduct and ensure local, state and federal law enforcement are coordinated in their efforts.

Attorney General Ashley Moody said, "It's heartbreaking that anyone would exploit children in this manner, but child pornography is pervasive online. It's disgusting and illegal. When hackers hijack meetings and force participants to view these disturbing images, we must ensure we

have an immediate, aggressive and coordinated law enforcement response. That is why I am working with our great law enforcement agencies to track down Zoombombers and hold them accountable for the victimization of our children."

Anyone experiencing Zoombombing with illegal images, or receiving child pornography by other means, should immediately report the crime to local law enforcement. To report child abuse, Floridians can also call the state child abuse hotline at 1(800)962-2873.

Earlier this year, Attorney General Moody issued a Consumer Alert to inform Floridians about steps they can take to prevent online meetings being hijacked. To increase privacy and guard against Zoombombing:

- Create separate passwords for each virtual meeting;
- Establish a Zoom waiting room for meeting participants;
- Lock down the meeting once everyone invited to attend has joined; and
- Do not publicly post meeting links on social media or any other public forum.

Zoom also offers privacy settings to provide hosts an additional layer of protection. To enable these extra security features, hosts should click on the settings menu, scroll to Screen Sharing, find Who Can Share? then click on Host Only. Finally, the user should save the changes.

After saving the new preferences, subsequent meetings should enable these enhanced privacy features by default. For more virtual meeting security tips, go to <https://zoom.us/security>.

Attorney General Moody Warns of Work-from-Home Employment Scams Targeting College Students

TALLAHASSEE, Fla.—Attorney General Ashley Moody today issued a Consumer Alert warning students at Florida colleges and universities of an emerging work-from-home employment scam. Scammers are targeting students via emails that appear to be sent from a college or university advertising fictitious work-from-home employment opportunities. The scammers obtain personal information from the student while posing as a university representative. Savvy scammers convince students to cash counterfeit checks and send them the money.

Attorney General Ashley Moody said, "During the COVID-19 crisis and resulting economic downturn, Floridians are looking for work, and it is unconscionable that scammers are exploiting these times of uncertainty to prey on our college students. Students who fall victim to this scam could face serious repercussions to their financial stability and credit record. I am urging all students currently enrolled at Florida colleges and universities to take extra precaution when receiving online job

offers."

The emerging scheme involves scammers sending online job advertisements offering college students an administrative position, tricking the student into believing the email is from a college or university representative by using an email address ending in '.edu'. As part of the scheme, the student receives counterfeit checks in the mail, or via email, and is instructed to deposit the checks into a personal checking account. The scammers then direct the student to withdraw the money and make a payment necessary for the job. Often, after the student sends the money, the checks are confirmed to be fraudulent by the bank.

According to Attorney General Moody's Consumer Protection Division, students falling victim to the scam experience bank accounts being closed due to fraudulent activity and a report filed by the bank with a credit bureau or law enforcement agency. Additionally, the student would be responsible for reimbursing the bank for the total amount of the counterfeit checks, often times resulting in an adverse effect on the student's credit record.

To avoid these types of employment scams:

- Research the company before accepting any job offer. Does the company have a professional website and legitimate contact information? Search for what others are saying about experiences with the company;
- If the solicitor is communicating via email, locate contact information for the

Continued page 13



Answers page 15

Across

1. "___ Your Enthusiasm" (Larry David sitcom)

5. Daily food intake

9. Leveling wedge

13. Leading in the game

15. Not deceived by

16. Corrida snorter

17. George M. Cohan, e.g.

20. However, briefly

21. Feeling sluggish

22. Gladiator's battlefield

23. ___ gin fizz

24. Silly smile

26. Drip-dry attire

33. Voices above tenors

34. Tuscan river

35. Major leaguer

36. Laundry basketful

37. Painter Édouard

39. Cowboy's footwear

40. Spaniel or setter

41. Compassionate

42. Islamic devotee

43. No-sweat legal matter

Down

1. Play group

2. "Now we're in trouble!"

3. Janet appointed by Clinton

4. Carry-on item

5. Evaded

6. 500-mile race, briefly

7. Socratic "H"

8. Trucker's weight unit

9. Ships' rear ends

10. There's no place like it

11. Country on the Caspian

12. "___ Lisa"

14. City called "Big D"

18. High time

19. Egypt's capital

47. Dilettantish

48. Greek god of love

49. Great embarrassment

52. Caesar's

1104

53. Engineer's compartment

56. Spy vs. spy, e.g.

60. Came down to earth

61. Fine steed

62. Vegas natural

63. Big name in IRAs

64. Pocket bread

65. Scriptural passage

23. Not barefoot

24. "Pretty Woman" costar Richard

25. Carry on, verbally

26. Subject of a kids' book search

27. Throw for ___: surprise

28. Actors' surface

29. Fairy godmothers' gadgets

30. "Once ___ Time in America"

31. Shootin' ___: guns, in oaters

32. Comedian Fields

37. Money maker

38. TV pundit Rooney

39. Tampa eleven, briefly

41. Grammy winner Carpenter

42. Potbelly fixtures

44. Broadway Joe of football

45. Priam's wife

46. "Exodus" author Leon

49. Operation memento

50. Sign of saintliness

51. Busy, busy, busy

52. Castle's trench

53. Spelunker's venue

54. Wall St. acronym

55. Flexed

57. Skip over water, as stones

58. Hosp. scan

59. Obtain

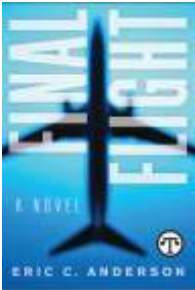
Governor

Continued from page 11
mental health services is more critical now than ever. At AHCA, our fundamental priority throughout the public health emergency has been to ensure those we serve remain connected to community supports and continue to have access to quality care during these trying times. Our agency has waived service limits and prior authorization requirements as well as expanded coverage of behavioral health services provided via telemedicine. We are here to serve Floridians as we continue working through the unprecedented circumstances of this pandemic.”
Department of Elder Affairs Secretary Richard Prudom said, “Mental health is vitally important to the overall well-being and physical health of Florida’s 5.5 million older adults, especially during times of crisis. The Florida Department of Elder

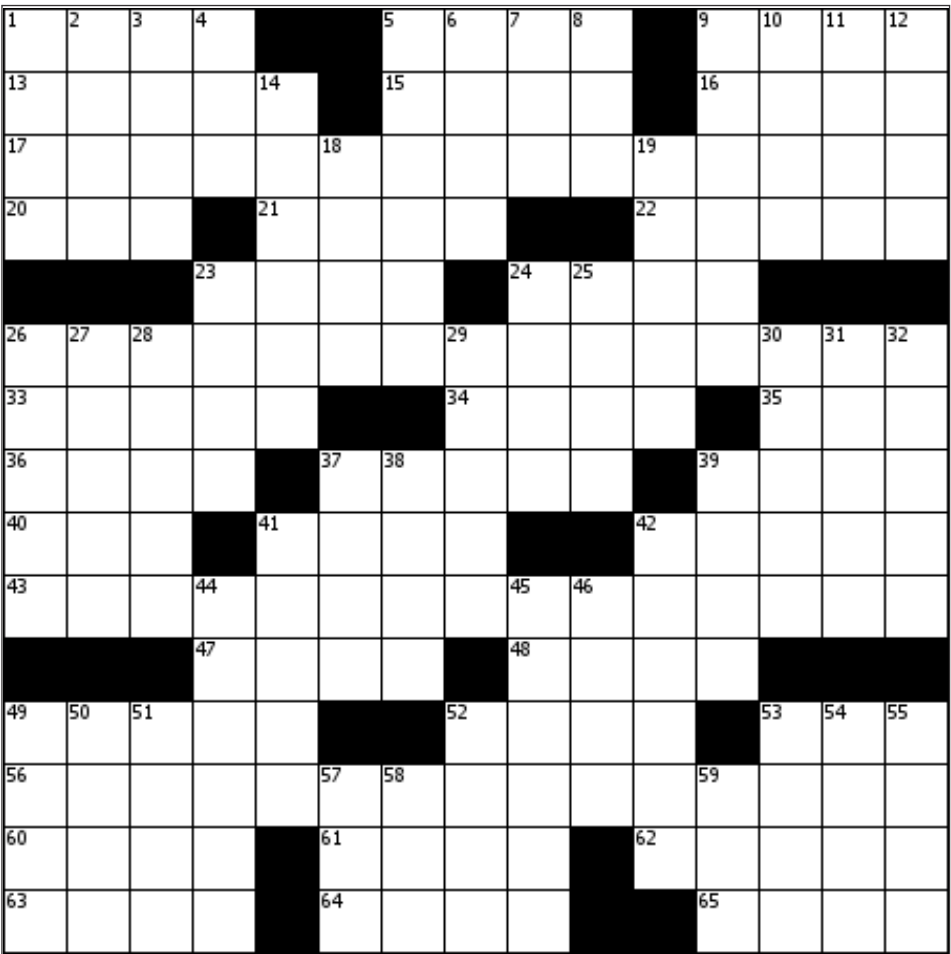
Affairs has expanded current programs and launched several new initiatives, combined with proactive information sharing, to help reduce social isolation and loneliness among people as they remain safer at home.”
Danny Burgess, Executive Director of the Florida Department of Veterans’ Affairs, said, “Despite the impacts of COVID-19, there remain many ways for veterans and their families to get connected with mental health services in our state. If you’re uncomfortable in appearing in person due to the pandemic, you’ll find many service providers provide telehealth counseling services in addition to their normal outreach.”
READ MORE at
https://www.flgov.com/2020/06/17/first-lady-casey-desantis-highlights-state-agencies-mental-health-response-during-covid-19-public-health-emergency/

Great Reads

Continued from page 4
and persecution. She arrives at Ellis Island, and settles on the Lower East Side. She finds a job and devotes herself to bringing the rest of her family to the New World.
A few at a time, Helen's family members arrive. Each goes to work and contributes to bringing over their remaining beloved ones. Helen meanwhile, falls in love with a man who introduces her to a different New York—of wonder, beauty and possibility. From She Writes Press, purchase at <https://amzn.to/3cs356h>.
“Final Flight” by Eric C. Anderson
On a clear, cold night high above East Asia, a China Air passenger jet disappears from radar with all aboard. It's an anomaly, a fluke. And then a couple of hours later, it



happens again.
It's 2023. Former Air Force maintenance officer Jason Montgomery and Rob “Ski” Kalawski have just landed the gig of their lives. China Air's aging fleet of Boeing 777s desperately needs navigation hardware and software upgrades. It's a multimillion-dollar contract, and they're just the guys to do it. Right? Wrong. Jason's just the middleman, but he finds himself trapped between yakuza gangsters, a tattooed dragon-lady sales exec and murderous Russian mobsters. Purchase at <https://amzn.to/3ba9Qbc>.



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Atty General

Continued from page 11

sender through the school's website and confirm whether the job offer is real;

- Look for red flags, such as typos and grammatical errors. Offers of employment or pay without an interview are another sign of an employment scam; and
- Never send funds in the form of cash, checks, gift cards or wire transfers to secure a job or as part of an assigned duty by a new employer.

Since the pandemic hit Florida, Attorney General Ashley Moody has issued more than a dozen Consumer Alerts to help Floridians avoid COVID-19 related scams.

Anyone who believes they are the victim of hacking or a COVID-19 related scam should contact the Florida Attorney General's Office at 1(866) 9NO-SCAM or MyFloridaLegal.com.

Attorney General Moody Takes Action to Stop COVID-19 Grant Scam Targeting Seniors

TALLAHASSEE, Fla.—Attorney General Ashley Moody is issuing a Consumer Alert to warn Floridians about a new scam targeting seniors with offers of fake COVID-19 grants. The Florida Attorney General's Office is receiving reports from seniors offered thousands of dollars in federal grant money to stay isolated at home to prevent the spread of COVID-19. Scammers are contacting seniors via Facebook Messenger, email and text message to offer these sham grants and request upfront payment as insurance for the

expedited delivery of grant money.

Attorney General Ashley Moody said, "This scam appears to involve an international criminal organization utilizing a multifaceted communications plan to deceive seniors. These criminals are hacking Facebook accounts to send messages to targets from a friend's profile—creating the illusion that the grant program is being promoted by an acquaintance. Once contact is made, the criminals request personal information, bank account numbers and insurance payments purportedly to help ensure the safe delivery of thousands of dollars in federal grant money, and of course, the money is never sent.

"Sadly, we have uncovered evidence that some are falling for this scam. Please know that the federal government is not contacting seniors and offering them grant money to stay home and stop the spread of COVID-19. We are actively working with law enforcement to investigate and stop this scam. You can help us by reporting suspicious messages to our office."

The scheme involved a mock website, since shut down, purporting to be hosted by the U.S. Department of Treasury. The site included videos of seniors endorsing the sham grant program. As part of its active and ongoing investigation, Attorney General Moody's Office worked with law enforcement partners to have the sham website removed; yet there are concerns that scammers will simply move the site to a new location online. The recently disabled website address is <https://usafederalgrantclaim.wixsite.com/g>

rantinfo. Anyone who provided information and payments after visiting the site should contact the Florida Attorney General's Office.

To avoid this new COVID-19 federal grant scam

- Know that the federal government is not contacting seniors and offering them grants to stay at home and stop the spread of COVID-19;
- Remember, requests for upfront payments of any kind, including through gift cards, money orders, wire transfers, bitcoin or insurance fees in exchange for a grant, loan or government benefit are red flags of a scam;
- Be wary of any COVID-19 related offers received via Facebook, even if the offer

appears to come from a familiar account. Hackers can hijack social media accounts and send the account holders' friends or followers deceiving messages;

- Never click on links sent in unsolicited messages. These links could contain malware or connect the target to a website set up to obtain personal or financial information for nefarious purposes; and
- Watch out for websites or messages containing typos, grammatical mistakes or awkward word choices. Many sham websites are created by foreign scam artists struggling with the English language. Typos and grammatical mistakes in messages purporting to be from the government are red flags that a message is from an imposter.

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Plant-Based Twists



Plant-Based Twists to Classic Summer Dishes

(NewsUSA) – With people more focused on wellness and nutrition these days, interest in a plant-based diet is hotter than ever. One easy way to get in on the trend: Pair summer produce with simple ingredients like pecans for a dish the whole family will enjoy. Pecans are a versatile ingredient and are naturally sweet with a rich and crunchy texture. As each one-ounce serving of the nuts offers three grams of fiber and protein, essential vitamins, minerals and heart-healthy benefits, pecans also happen to be one of the tastiest ways to elevate the nutrition of any recipe. In fact, according to the U.S. Food and Drug Administration, scientific evidence suggests, but does not prove, that eating 1.5 ounces per day of most nuts – including pecans – as part of a diet low in saturated fat and cholesterol may reduce the risk of heart disease. A one-ounce serving of pecans has 18g unsaturated fat and only 2g saturated fat. Add a sweet and nutritious crunch to this Mediterranean Pecan Pasta Salad, or swap meat for Grilled Cauliflower Steaks with a nutty and nutritious pecan pesto. Discover more delicious recipes at AmericanPecan.com.

Mediterranean Pecan Pasta Salad
Serves 10 Prep time: 15 mins Cook Time: 12 mins 1/4 cup salt 12 ounces pasta 4 cups

radicchio, sliced 1 cup halved
marinated olives 1/2 cup
marinated artichoke, bite-size
pieces 1/3 cup chopped sun-dried
tomatoes 1 cup pecan pieces 3/4 cup
chopped parsley or mint 6 ounces
feta cheese 1 orange, sliced 2 cups
chopped spinach Lemon vinaigrette
and fresh cracked pepper (optional)
1. Bring a pot of water to a boil with
? cup of salt. When water is boiling,
add in pasta, and cook about 10
minutes. When pasta is cooked, set
aside. 2. In a large, clear bowl, layer
half the radicchio, and half of the
olives, artichoke, and tomato on
top. Next, add half the pasta, 1/2 cup of
pecans, half of the parsley, 3 ounces of feta,
and the orange slices. 3. Add the spinach,
then repeat layering with the radicchio,
olives, artichoke, tomato, pasta, pecans,
parsley, feta, and orange. 4. If using
dressing, add after layering is complete. 5.
Add fresh pepper and refrigerate before
serving.

**Grilled Cauliflower Steaks with Pecan
Basil Pesto** Serves 8 Prep time: 5 minutes
Cook time: 10 minutes 2 heads of
cauliflower, cut into 8 1-inch cauliflower
steaks 1 tablespoon pecan, avocado or olive
oil Salt and pepper, to taste For the pesto: 2
cups fresh basil 1/4 cup raw pecan halves
1/2 teaspoon salt 1/4 teaspoon pepper 1
garlic clove 1 teaspoon lemon zest 1/2 cup
pecan or olive oil 1/3 cup shredded
parmesan cheese 1. Preheat grill to medium
high heat, about 375 to 400 degrees F. 2.
Brush sides of cauliflower steaks with oil
and add salt and pepper. 3. Grill each side of
steak for 4 minutes. 4. Remove from grill
and let rest. 5. Make the pesto: in a food
processor, pulse the basil, raw pecans,
garlic, salt, pepper and lemon zest until
finely chopped. Add olive oil and blend. 6.
Transfer pesto to a bowl and add parmesan
cheese. 7. To serve, top cauliflower steaks
with pesto.

Need for Donor Registry

Need for Donor Registry Prompts Nobel Nomination

(NewsUSA) – When Dr. Bart Fisher's son, Ivan, was diagnosed with a rare blood disorder in 1983 at eight-years-old, the only cure was a bone marrow transplant. However, at that time, there was only a small bone marrow registry in England, with 50,000 names and, in the U.S., no registry at all to find a match. Since Ivan's death, Dr. Fisher has made it his mission to establish large marrow registries around the world that would provide the gift of life to those in need of marrow transplantation.

Underscoring the need for a donor registry is the fact that every nine minutes an American dies from a blood cancer such as leukemia, lymphoma, or myeloma. In 2018 alone, there were 174,250 new blood cancer cases. "I tried to take a personal disaster and turn it into a mechanism that could save the lives of others needing a marrow match," says Dr. Fisher, a Washington D.C. lawyer, and PhD. Now, due in large part to Dr. Fisher's efforts, the National Marrow Donor Program and other marrow registries match voluntary marrow donors with patients in need of a bone marrow transplant, as well as those who have marrow failure. Since the formation of the program in 1986, more than 80,000 transplants have taken place as a result of matches found by marrow registries and over 6,200 transplants a year are performed. According to Dr. Robert K. Stuart, Ivan's doctor, the registry was needed long before it became a reality. "The skeptics said we need to develop the technology before we would be ready for a registry. But

what people don't realize is that creating the registry is what drove the technology development. We would not be where we are if we had waited to create the registry later," he says. In addition to his work to create an international registry, Dr. Fisher co-founded the Give Life Foundation, which seeks to expand the base of voluntary organ donors for the worldwide registries. In turn, the



Foundation has launched the Swab for Life campaign, a program that promotes registries through pharmacies, dentists' offices, and doctors' offices. For his tireless efforts, the Aplastic Anemia and MDS International Foundation (AAMDS) has nominated Dr. Fisher, its founder and a member of its Board of Directors, for a 2019 Nobel Prize in two categories: peace and

medicine. "The Nobel Prize nomination recognizes the significant contributions of Dr. Fisher to the establishment and growth of marrow registries around the world, and we are pleased and honored to support his efforts to advance this life-saving cure for aplastic anemia, leukemia, and other blood cancers," says Neil Horikoshi, executive director and CEO of the Aplastic Anemia and MDS International Foundation. "I am honored to receive this nomination on behalf of my son, knowing that the work I have done has helped thousands of people in need. That it will continue to save lives is a legacy to Ivan's memory." To find out more about the Foundation and its mission, as well as resources available, visit <https://www.aamds.org/>.

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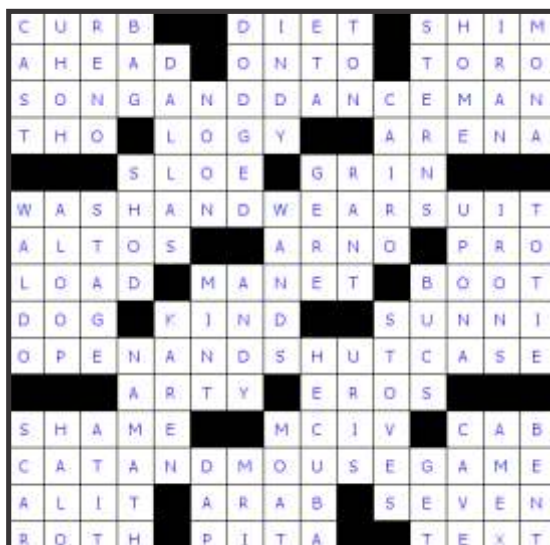
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